

HSBC Future Skills Development Project
滙豐未來技能培訓計劃

香港200

Hong Kong 200 Leadership Project 2020



為香港未來添上一筆

BRUSHING COLOUR INTO HONG KONG'S FUTURE

Funded by
捐助機構



Organised by
主辦機構



香港青年協會
the hongkong federation of youth groups



香港青年協會領袖學院
The HKFYG Leadership Institute

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聯繫 ■ 專業 ■ 創新



香港青年協會領袖學院
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未來領袖 由此啟程

“我們不能永遠為青年建立或保證一個美好的將來，
但我們可以裝備和培養他們迎接未來任何處境。”

富蘭克林·德拉諾·羅斯福

我們正身處動盪的時代。對於即將升讀大專或投身社會的香港青年來說，此刻感受或許特別深刻。我們面對來自政治、經濟、社會，以至健康等各方面的挑戰。然而，其中影響至鉅的，可能是不斷演變的科技發展和所需的溝通技巧。

青年人需要怎樣的技能，才能為未來做好準備？香港青年協會承蒙滙豐銀行慷慨贊助，推出「**滙豐未來技能培育計劃**」。我們盼望青年能把握最新機遇，靈活應對未來多變的考驗。**《香港200》領袖計劃**為其中重點項目之一，每年為200位本地學生領袖提供專業、具前瞻性的領袖訓練。

《香港200》致力幫助青年充分裝備，創造未來。透過啟蒙具潛力的學生領袖，我們一方面提升其領導才能，發揮他們的獨特優勢；另方面積極開拓他們的全球視野和學習慎思明辨，並建立良好的應變能力。

過去十三年來，一群兼具能力與熱忱的舊生更透過「**香港200會**」，聚集更多資源和專業經驗，持續強化聯繫網絡，致力為香港服務，以及培養新一代優秀的年輕人才。

《香港200》由**香港青年協會領袖學院**負責統籌。學院透過活化前粉嶺裁判法院，運用創新技術，提供有系統的領袖培訓，並體現司法公正、法治社會和公民權責的傳承，啟發年輕人服務社區的心志。

香港和各地一樣，需要具決心、誠心、熱心和虛心的領袖，帶領社會迎向未來。我深信他們能從參與**《香港200》**開始，啟步向前，為香港未來添上更豐盛的一筆。



何永昌

香港青年協會總幹事



“ We cannot always build a future for our youth,
but we can always build our youth for the future. ”

——— Franklin D. Roosevelt

We live in turbulent times. This is probably more so for young people who are setting out on their journeys towards higher education or employment. The challenges are coming from all sides, political, social, economic and now, even health. However, what will probably have the greatest impact on them is the constant change in technology and communication.

How can they prepare for this future and what skills do they need to navigate their journeys? Together with HSBC, HKFYG has initiated the **HSBC Future Skills Development Project** to ensure that young people keep up to date and learn how to be flexible in their approach to challenges. Included in this initiative is the “**Hong Kong 200**” **Leadership Project**, a high quality leadership training programme catering for 200 outstanding young people every year.

In view of supporting youth to create their futures, “**Hong Kong 200**” equips high potential participants with leadership skills, hones their unique strengths and refines their ability to adapt to the world with a global perspective and critical analysis.

Over the past 13 years, alumni to the programme have committed themselves to serving Hong Kong through the “**Hong Kong 200 Association**” . This grouping strengthens the networks that were made and leverages the alumni bonds in resource gathering, professional experiences, talents and other initiatives, all towards cultivating a new generation of young leaders.

“**Hong Kong 200**” is organised by the **HKFYG Leadership Institute**. The physical premises, on the site of the former Fanling Magistracy, helps invoke a legacy of justice, law and rights which can inspire young people to serve the community, rendered through systematic training and innovative technology.

Hong Kong, like the rest of the world is in need of leaders who have the commitment, drive, passion and most of all, humility, to serve. I have every confidence that “**Hong Kong 200**” offers that first step and starts a process of brushing colour into Hong Kong’s future.

**Nurture
Future Leaders
from Here**



Andy HO Wing-cheong

Executive Director

The Hong Kong Federation of Youth Groups

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《香港 200》領袖計劃一直致力培育改變世界的青年領袖。
The “Hong Kong 200” Leadership Project is dedicated to
nurturing leaders who bring positive impacts to the world.



“It takes a movement to really change the world.”

趙舜茹 Bonnie CHIU

2008《香港 200》領袖計劃學員

A participant of “Hong Kong 200” Leadership Project 2008

2008

加入《香港 200》領袖計劃

Joined “Hong Kong 200” Leadership Project

2016

獲選為「亞洲女性成就獎」年輕得獎者，
同年榮獲「香港青年服務大獎」

Selected as the **Young Achiever of Asian Women of Achievement Awards** and won **The Hong Kong Youth Service Award**

2010

參與海外培訓—在日本東京舉行的太平洋
經濟合作會議 (PECC) 第十九屆全體大會

Participated in overseas training - Pacific
Economic Cooperation Council (PECC)
General Meeting in Tokyo

擔任**第四屆香港 200 會**幹事會人才管理總監

Worked as the Director of Talent Management
in the **4th Executive Committee of Hong Kong 200 Association**

2017

入選「福布斯 30 歲以下歐洲青年才俊」

Selected as one of the “**Forbes 30 under 30 Europe**” awardees

2013

成立社企 **Lensational**

Founded her social enterprise - **Lensational**

2018

獲選為**國際大使**宣揚**聯合國可持續發展目標**

Selected as one of the **international ambassadors** to advocate the **United Nations Sustainable Development Goals**



《滙豐未來技能培訓計劃》簡介

領創未來

世界急速發展，工作技能的需求亦不斷變遷。創新科技驅動下，人工智能、機器人等嶄新科技產物，以及計算思維和數碼科技等，持續主導全球未來趨勢。與此同時，溝通技巧和慎思明辨等通用技能亦必須作出調整和配合。世界經濟論壇等國際報告強調，上述轉變對年輕人在全球化經濟中保持競爭力，極為重要。**香港青年協會**緊貼青年需要，保持與業界協作，致力幫助青年充分裝備，把握最新機遇。承蒙滙豐銀行贊助，青協推出「**滙豐未來技能培訓計劃**」。

學會學習

是項計劃旨在提供專業培訓教育，藉此培養青年人的技能，給予他們訓練創造力、創新思維和原創技能所需工具。計劃不僅涉及知識理論及實踐，還包括教授金融實用知識、強化溝通技巧和全方位思維分析等技能。青協深信，年輕人需要及早裝備自己及接受適切培訓，才能於成長中具備適應能力，靈活應對未來多變的挑戰，並且學會終身學習。

「**滙豐未來技能培訓計劃**」期望成為啟蒙青年探索未來，倡導終身學習，提升他們未來就業能力的優質培訓計劃先驅。



Introduction to the “HSBC Future Skills Development Project”

Creating a Future

The pace of change in the world is accelerating, particularly in the world of work. This is especially so in relation to the amazing innovations in science and technology that have resulted in the increasing domination of robotics and artificial intelligence, as well as computerisation and digital processes. At the same time, so-called generic skills, particularly communication and analytical thinking, will need to be adaptable and ready for change. These trends have been pointed out by many sources, including the World Economic Forum as absolutely critical for young people to retain their competitiveness in a globalised economy. **The Hong Kong Federation of Youth Groups** is well aware that it, along with other sectors, needs to play a responsible role in ensuring that young people keep up to date, while also supporting their access to the new opportunities that are and will be available to them. Therefore, the Federation, together with HSBC, now initiates the **HSBC Future Skills Development Project**.

Learning to Learn

The rationale of this Project is to provide education and training to re-skill young people, giving them the tools necessary for them to be creative, innovative and original. These skills, which involve both theoretical and practical aspects of knowledge, also include financial literacy, enhanced communication and sound analytical interpretations. The Federation believes that these competencies need to begin as early as possible to make sure that young people grow up with the ability to adapt and change, becoming flexible in their approach to challenges, while also developing lifelong learning skills. This expectation of constant change is a challenge, but one that can be dealt if introduced early and with relevance.

The HSBC Future Skills Development Project serves as the first step on what will become a lifelong journey of exploration and enhancement that augments skills for future employability.



《香港200》領袖計劃是甚麼？

「未來就業市場和工作環境的變化難以被準確預測。教育工作者對新技術如何影響勞動力表示樂觀，卻又同時感到惶恐……因此，教育系統需作出調整，以提升解難能力、協作能力，創造力等技能，幫助未來社會棟樑應對挑戰。」

- 全球教育未來指數 2018 報告

由香港青年協會（簡稱「青協」）自 2006 年首次推出的《香港200》領袖計劃（簡稱《計劃》），是一項致力提升香港青年社會責任的領袖人才培育計劃。本年度《計劃》獲得滙豐銀行贊助，成為《滙豐未來技能培訓計劃》的重點課程之一，致力提升十大「未來技能」（Future Skills），協助學員裝備自己以應對未來工作的挑戰。《計劃》每年嚴格選拔本地 200 位別具領導潛質、學業優異，並抱有服務社會心志之青年，接受一系列卓越培訓。歷屆學員各具專長，他們在發展個人事業的同時，亦關心香港以至國際社會的事務。

踏入高中階段的青年，他們有機會在學校參與學生會、領袖生，以及學會等不同的領導工作，開始累積擔任學生領袖的經驗。是項《計劃》協助這些具備潛質的青年領袖鞏固經驗，並對國家及香港特區不同範疇的狀況，以及全球化下世界的發展路向，作出深入研習、分析及思考。《計劃》亦將凝聚他們，延續他們願意為香港服務的精神，為保持社會長期穩定繁榮作出建樹。

踏入第十四屆，我們期望為香港發掘並有系統地培育更多有承擔、積極投入建設和服務社區的青年領袖人才。《計劃》目的包括：

- 為具潛質的青年提供卓越的體驗和學習機會，培養未來領袖所需具備的知識、素質與能力
- 建立長遠的聯繫與交流平台，以凝聚並延續青年領袖服務社會的心志
- 開拓和提供多方面參與社會建設與公共事務的機會與渠道，讓青年領袖發揮所長，回饋社會



What is the “Hong Kong 200” Leadership Project?

“Projections of future job markets and work environments vary widely. New technologies give rise to both optimism and trepidation about their impact on the workforce...the urgency is clear about the need to adapt education systems to deliver problem-solving, collaboration, creative and other skills that will help tomorrow’s adults address such challenges.”

- The Worldwide Educating for the Future Index 2018

The **“Hong Kong 200”** Leadership Project is a leadership development programme for young people, initiated by The Hong Kong Federation of Youth Groups in 2006, which aims to enhance young people’s sense of social responsibility and reinforce their willingness to give back to the community. The Project becomes one of the key programmes of the **“HSBC Future Skills Development Project”** sponsored by HSBC. The training content is designed with reference to the “Future Skills” of the World Economic Forum (WEF) report, in order to equip participants with essential skills to tackle the challenges in the future job market. Each year, the Project selects 200 youth leaders for intensive training. The criteria for selection is based on demonstrated early leadership potential, outstanding academic performance and a commitment to serve the community. They have not only found their own professional callings in study and work, but have also demonstrated that they have the compassion to give their love and care to others in Hong Kong and even in different regions of the world.

Young people who are at the senior secondary stage and who have already demonstrated leadership qualities in secondary school through assuming leadership roles in Student Unions, Clubs and Societies and as Prefects will be invited to acquire new skills and further develop their potential. Not only will they be assisted in enriching their knowledge about the development of our country and the upcoming trends under the process of globalisation, but they will also be taught to strengthen their analytical and reasoning skills. Supporting youths in this way, we believe, will reinforce their willingness to give back to the community and thus benefit Hong Kong herself.

The **“Hong Kong 200”** is a meaningful initiative to help Hong Kong identify able young leaders and to further strengthen their leadership skills and commitment to the community. Now reaching its fourteenth year, the Project is expected to:

- Provide experiential learning opportunities to young people who have strong leadership potential in order to help them acquire the necessary knowledge, tools and skills, as well as to develop their qualities and competencies for good leadership;
- Build a network for liaison and exchange that will strengthen their commitment to the community;
- Create opportunities and channels for youth leaders to maximize their potential through proactive participation in community affairs in Hong Kong.

《香港200》領袖計劃有何特色？

《香港200》在過去十三屆，已為香港培育2,600名高質素的青年領袖人才。他們憑藉自身在各領域的成就，以及透過此《計劃》所建立的視野與抱負，積極發揮建設社會的角色。與此同時，《計劃》亦將繼往開來，選拔優秀的青年，提供卓越的培訓機會，啟發他們服務香港的心志。培訓特色包括：

嚴格選拔學員

《計劃》每年由評審委員會嚴格選拔200名品學兼優、富領導潛質及具備服務社會心志的青年參加。參加者均須由所屬學校的校長推薦。全港超過85%的學校曾推薦學生參加《計劃》。

全面領袖培訓

《計劃》強調提升個人的領導、分析及思考能力。形式包括與社會領袖對話、由國際青年領袖舉辦之工作坊、研討會、機構參觀及實地考察，以及社會創新實踐等，旨在強化青年的領導技巧，深入了解香港及國際社會的現況與未來發展的新趨勢，並啟發和培育青年人以創新的思維去解決社會問題，親身推動社會的正面發展。

持續系統跟進

《計劃》重視青年參加者的持續參與、回饋及推動建設社區的工作。《計劃》凝聚參加者的力量，於2007年組成香港200會，以持續履行服務社會的責任，包括舉辦與社會領袖交流、討論社會議題、服務社會大眾以及自我增值學習等不同類型的活動。

《計劃》持續提供國際、區域交流的機會，擴闊學員的視野，如參與在韓國首爾舉行的International Youth Camp、在日本東京舉行的太平洋經濟合作議會(PECC)第十九屆全體大會，以及在中國北京舉辦之模擬聯合國(Model United Nations)會議。

《計劃》將致力延續參加者服務社會的心志，包括鼓勵他們實際參與社區建設，進一步推動區域、全球青年的交流，成為積極參與社會的新一代公民。



What are the characteristics of the Hong Kong 200 Leadership Project?

“**Hong Kong 200**”, through its meticulously designed leadership training programme, has nurtured 2,600 high-calibre young leaders over the past 13 cohorts. Guided by the vision and aspirations of the Project, these young people have been given the skills to take on a more proactive role in community affairs in the future. At the same time, the Project will continue to select and nurture outstanding students in Hong Kong, giving them high-quality training that further unleashes their leadership potential and their commitment to serving the community. Characteristics of the Project include:

Selection by Merit

The Selection Panel uses strict criteria to make their choice from among the applicants. They seek youth leaders who not only embody good conduct, but who have also demonstrated outstanding academic and extra-curricular performance, expressed commitment to the community and with high leadership potential. A principal's nomination must be presented by each applicant to the Project. In the past decade, over **85%** of secondary schools in Hong Kong have nominated students to join.

Comprehensive Leadership Training

Participants will strengthen their analytical and critical thinking skills and improve their leadership skills through dialogue sessions with prestigious social leaders, workshops conducted by young global leaders, seminars, organisation visits and implementation of social innovation projects. These training opportunities will also enrich participants'

understanding of current issues and important development trends in both local and global society while nurturing an innovative mindset among our future leaders for tackling social problems and making a positive impact on the community.

Networking and Follow-up

The Project emphasizes fostering an enduring spirit of participation, contribution and commitment to the community among young leaders. To this end, the **Hong Kong 200 Association** was established in 2007. The Association has to date organised various activities, including dialogue sessions with social leaders, discussion over social issues, and other value-adding activities.

We also provide opportunities for our young participants to broaden their regional and global vision through participation in regional events, including the **International Youth Camp** held in South Korea, the **19th Pacific Economic Cooperation Council (PECC) General Meeting** in Tokyo and the **Model United Nations** in Beijing.

The accumulated experience of participating youth leaders will help promote dialogue both regionally and internationally. It will also engender their deeper involvement in community affairs as active and responsible citizens.

2019《香港200》領袖計劃學習歷程



85%

整體滿意度



85%

推薦其他人參與



88%

希望持續參與進階培訓

* 數據來源：2019《香港200》領袖計劃學員問卷調查

2019 回顧

2019《香港200》課程以社會為本的「設計思維」為主軸，安排不同類型的培訓。學員在導師的專業指導下，逐步從換位思考、需求定義，創意動腦，製作原型，最後實際測試，就「正向教育」、「回收再造」、「婦女自強」及「樂齡安老」四個主題了解對象需要，提出並實踐可行的解決方案 Project for Hong Kong，實踐「願意為香港」精神。此外，2019《香港200》亦首次引入領袖先導課程，鞏固學員領袖基礎。完成核心培訓後，學員可自由參與進階培訓課程，例如：海外交流學習、與社會領袖對談、青年導師培訓等，持續精進領袖技巧。

2020 領袖先修培訓

《香港200》於2020年暑假舉辦網上先修培訓，率先為有意參加《計劃》的參加者提供領袖基礎理論和溝通技巧培訓，並與本地及環球領袖交流。其中時任香港特區政府駐武漢經濟貿易辦事處主任馮浩賢先生，以「疫流而上一封城七十六天的日與夜」為主題，與青年進行線上對談，分享留守武漢協助滯留港人的經歷，及指出團隊協作、危機處理和情緒管理等領袖素質十分重要。學員均感獲益良多，啟發他們抱有轉危為機及服務社會的領袖素質。



● 面見評審
Selection Panel Meeting



● 領袖先導課程
Leadership Guiding Programme



● 社區考察
Community Visits



● 社會體驗
Social Experiential Simulations

“Hong Kong 200” Leadership Project 2019 Learning Journey



*Data Source: “Hong Kong 200” Leadership Project 2019 Participants’ Survey

2019 Snapshots

The “Hong Kong 200” 2019 curriculum was based on society-oriented Design Thinking. Various activities were arranged so that participants went through the design thinking process step-by-step from: empathise; define needs; ideate; prototype, to test. With professional guidance, participants were able to understand the users’ needs, to propose and then implement feasible and effective solutions to improve our society through Project for Hong Kong. Four themes were set to practise the spirit of “My Commitment to Hong Kong”: **“Positive Education”**, **“Up-cycling”**, **“Women Empowerment”** and **“Well-being of Elders”**. In addition, the Leadership Guiding Programme effectively consolidated the foundation of participant’s leadership qualities. After completing the core training, special advanced training opportunities, like overseas exchange learning, dialogue with social leaders, and youth trainer training, are provided to continue enhancing their leadership skills.

2020 Leadership Foundation Training

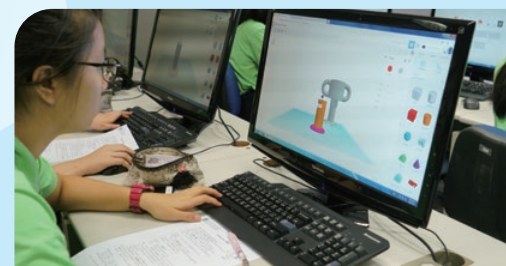
Leadership Foundation Training was held online during the 2020 summer holiday. Basic leadership theories and communication skills were taught by local and global leaders to share their experience. Mr Vincent Fung, the then Director of the Hong Kong Economic and Trade Office in Wuhan, had an online conversation with young people about the experience of assisting stranded Hong Kong people during the 76-day Wuhan pandemic lockdown. He highlighted how essential were leadership qualities such as teamwork, crisis management and emotional management. Participants were inspired by his sharing of turning a crisis into an opportunity to serve society.



● 工作體驗：傳統與未來
Job Shadowing: Tradition and Future



● 向海外領袖學習
Leaders-to-Leaders



● 原型製作
Prototyping Skill Lab



● Project for Hong Kong 社創提案及分享會
Project for Hong Kong Pitching & Sharing Session



香港 200 會

香港 200 會是一個由曾參與《香港 200》的青年領袖所組成的聯繫網絡，以「願意為香港」為號召，並透過聯繫、參與、獻策、創新與服務等方式與社會互動。

香港 200 會自 2007 年成立以來，曾舉辦與社會領袖交流、討論社會議題、服務社會大眾、自我增值學習等不同類型活動，以推動會員成為積極參與社會的新一代公民。香港 200 會會員亦獲邀加入「青年創研庫」，他們不但參與「經濟與就業」、「管治與政制」、「教育與創新」及「社會與民生」四個範疇的研究，更曾獲邀與勞工及福利局局長分享他們對退休保障的政策建議，積極推動香港社會的未來發展。香港 200 會過去亦

曾舉辦一系列「香港 200 論壇」，為青年領袖提供平台，就各種議題向社會領袖表達意見。此外，會員亦自發成立了各專業界別的聯繫小組，以凝聚同一界別內的人才，尋找專業發展及持續回饋社會的機會。

師友計劃

《計劃》一直致力為香港打造青年領袖人才庫。師友計劃將為未來參加的學員與歷屆師兄師姐建立緊密聯繫。不少歷屆學員在學術、事業及社會服務上已取得傑出的成就，他們以師友身份藉著分享個人閱歷及專業，將能夠協助《計劃》的學員在升學及就業範疇的發展。



Hong Kong 200 Association

The Project's participants will become members of the **Hong Kong 200 Association** and develop connections through the association's network. The aim of the Association is to encourage members to continually engage with one another, exchange ideas and innovate. This Association is able to generate synergy through its network of accumulated 2,600 Project participants who are dedicated to serving their community.

Since its establishment in 2007, the Association has been sustaining the Project in various ways, such as arranging sharing sessions with community leaders, discussions of social issues among the members, service projects in the community, as well as other learning activities which broaden these youth leaders' horizons as responsible global citizens.

Members of the Association have been invited to join Youth I.D.E.A.S., which conducts research on a regular basis in four different areas including Employment and Economic Development, Governance and Constitutional Development, Education and Innovation, as well as Society and Livelihood. Committed to promoting the development of our community, they have exchanged ideas and policy suggestions with the Secretary for Labour and Welfare on the topic of retirement protection. A series of “Hong Kong

200 Forums” has been successfully launched, which provides a platform for our young leaders to express their opinions towards different issues in front of various social leaders in Hong Kong. Other than that, some members have also organised groups that connect others according to their professions, so as to promote professional development and to seek ways to give back to society.

Mentorship Programme

“**Hong Kong 200**” values the establishment of a talent bank of young leaders. Mentorship Programme enables our young participants to connect with our alumni who have obtained remarkable achievements in their own studies, careers and social services. Thus they are able to share personal experience and expertise that may inspire the mentees in terms of their career planning or academic pursuits.



2020《香港200》領袖計劃課程內容

核心領袖培訓單元（必修）

疫情為全球及本地社會環境帶來鉅變，青年的學習、工作和社交模式出現前所未有的挑戰。根據《青年看未來調查2020》¹，受訪青年承認對未來信心不足。青協領袖學院深信，年輕人需要及早裝備自己及接受適切培訓，才能面對新常態的出現，靈活應對未來，貢獻社會。

本年度《香港200》將加強提升學員的未來技能，更通過線上及線下雙軌學習，令學員以更多元、更靈活的方式學習。在專業導師及學長的指導下，學員將接受一系列全面的領袖培訓，提升領導能力及擴闊視野。過去曾擔任導師及講者的國際青年領袖，包括「亞洲女性成就獎」年度青年成就獎2016得主、「世界青年領袖—全球青年領袖」得獎者及「世界青年峰會」大使等。培訓項目包括：社會領袖對話、社會創新參觀考察，以及領袖實踐等；旨在強化青年的領導技巧，深入了解香港及國際社會的現況與未來發展新趨勢。具體內容如下：

核心領袖培訓單元



未來領袖特質 (6 小時)

- 透過與**社會創新專家對話**，讓學員認識領袖特質，激發「願意為香港」的心志。
- 新增**網上學習**部分，增加學習彈性和效能。



團隊挑戰 (20 小時)

- 以**嶄新歷奇活動**，提升學員未來技巧，包括人事管理、靈活認知、解難能力和衝突管理等。



社會與創新 (28 小時)

- 透過**高度互動**的學習過程，讓學員理解如何結合創新科技與未來技能。
- 學員藉著參與有趣的**體驗活動和探索社區**，加深體會社會需要，引發他們對各種議題的關注及興趣，為建立「願意為香港」的精神播下種子。
- 學員將自行設計 **Project for Hong Kong**，聯繫志同道合的學員，並以**設計思維**為社會有需要人士提出實際可行的生活改善方案，解決社會問題。學員需要製作原型，並向評審匯報；最佳組別將獲**種子基金**推行計劃。



國際視野 (6 小時)

- 透過**環球領袖分享**，讓學員擴展國際視野。
- 從本地與國際角度出發，認識**世界公民**身份。

Curriculum of the “Hong Kong 200” Leadership Project 2020

Core Leadership Training Modules (Compulsory)

The pandemic is bringing tremendous changes to the global and local social environment. Learning, working and social models of young people have encountered unprecedented challenges. According to the “**How Young People See Future Skills**”², youth interviewees admitted that they lacked confidence to face the future. The HKFYG Leadership Institute believes that young people have to equip themselves and receive appropriate training early in order to deal with the emergence of the new normal, respond flexibly to the future, and contribute to society.

The “**Hong Kong 200**” 2020 will enhance the participants’ future skills. Through online and offline dual-track learning, participants will learn in a more diverse and flexible way. Under the guidance of professional instructors, participants will receive comprehensive and high-quality basic training to develop their leadership capabilities and broaden their social horizons. Global young leaders who have been invited as instructors and speakers include recipients of the Asian Women of Achievement Award (2016), World Economic Forum Young Global Leader and One Young World Ambassador. The training format will also include dialogue sessions with prestigious social innovators, visits, as well as leadership workshops, which will strengthen participants’ leadership skills, and knowledge about the upcoming local and international trends. The contents are:

Core Leadership Training Modules



Future Leader Traits (6 hours)

- To allow participants to learn the attitude and attributes of a good leader through **discussion with local social innovation experts**.
- To enhance learning flexibility and efficiency via **e-learning**.



Team Challenges (20 hours)

- To enhance participants’ future skills, including people management, cognitive flexibility, problem solving, and conflict management skills, through **novel adventure-based training**.



Society & Innovation (28 hours)

- To understand the incorporation of innovation technology and future skills through a **highly-interactive learning process**.
- To enable participant to understand social needs through interesting experiential activities and community visits, and arouse their interest in social issues, so as to reinforce their willingness to give back to Hong Kong.
- To **put thoughts into actions** by using **design thinking skills** and creating a prototype of their project addressing social issues. The best team will be awarded with **seed funding** to execute their project.



Global Horizon (6 hours)

- To allow participants to **broaden their international horizons** through dialogues with global leaders.
- To recognise global citizenship from local and international perspectives.

² The Hong Kong Federation of Youth Groups (2020), *How Young People See Future Skills 2020*, https://hkfyg.org.hk/en/2020/06/26/future_skills_report_eng/

進階培訓項目（自選）

《香港200》學員可參加「工作體驗：傳統與未來」，培養正確工作態度及反思未來職場趨勢。此外，歷屆學員亦會透過「師友計劃」，以師友身份分享個人閱歷及專業，協助學員掌握事業發展機會，為未來升學和就業做好規劃。

表現優秀的學員亦享有外地海外培訓機會，獲得資助前往「一帶一路」沿線國家進行交流考察，認識其他國家的科技發展、民生狀況及全球化帶來的機遇等。參加學員必須通過嚴格評審程序，方可獲上述海外學習機會。

《香港200》亦提供三個進階培訓方向，包括：社區發展組別、社會政策組別及青年導師組別，期望學員完成核心培訓後，可按興趣及能力持續增進知識、發展技能，並回饋社會。

進階培訓方向	內容
社區發展組別	<ul style="list-style-type: none"> ● 項目策劃及管理 ● 探訪學習
社會政策組別	<ul style="list-style-type: none"> ● 社會政策分析 ● 模擬辯論
青年導師組別	<ul style="list-style-type: none"> ● 活動策劃 ● 小組教學技巧

學習特色

本年度《香港200》以多元學習模式，啟發學生思維，提升學習成效，包括：



現象教學法

在特定主題內，學生自行訂定研習課題，導師配合並帶領學生實地考察，探究社會問題。



設計思維工具

以一系列工作坊，引導學員從定義需求、創業動腦、製作原型，以至實際測試，實踐解決社會問題的計劃意念，並以創新方式呈現自主設計的服務或產品。



經驗學習法

透過參與模擬體驗和鼓勵學員走入社區，以第一身經驗了解社會狀況。



彈性學習

結合網上自學工具和面授活動，提升學習彈性和效率。因應實際情況和需要，部分課堂將會以網上學習形式進行。

Advanced Training (Optional)

Participants can join “Job-Shadowing Programme: Tradition and Future” to cultivate proper working attitudes and reflect the trend of the future job market. In addition, alumni will share their personal experience and expertise as mentors through the “Mentorship Programme”, preparing participants for their future academic and/or career pursuits.





The “Hong Kong 200” also provides overseas learning opportunities for outstanding participants. They may join the study tour to countries and regions along the Belt and Road Initiative. Through immersive learning experiences, they will be able to understand the technological development / social conditions of, and the impact of globalisation on other countries.

The “Hong Kong 200” also provides 3 advanced training directions, including: Community Development Group, Social Policy Group and Youth Trainer Group. After completing the core training, participants can improve their knowledge and continuously develop skills, according to their interests and abilities, to give back to society.

Advanced Training Directions	Contents
Community Development Group	<ul style="list-style-type: none"> ● Project Planning and Management ● Site Visits / Interviews
Social Policy Group	<ul style="list-style-type: none"> ● Social Policy Analysis ● Mock Debate
Youth Trainer Group	<ul style="list-style-type: none"> ● Programme Planning ● Learning Facilitation Skills

Features

The Project adopts multi-learning modes to stimulate thinking. These include:

 Phenomenon-based learning	To open up the project topics for selection by young participants within certain social-issue themes. Instructors will guide them in conducting field-work for investigating social issues.
 Design thinking tools	To equip participants with design thinking skills that will help them realise their project for solving social problems.
 Experiential learning	To deepen participants’ understanding of our society by participating in simulated experiences, and encouraging participants to immerse themselves in the community.
 Hybrid learning mode	To combine e-learning tools and face-to-face activities to enhance learning efficiency. Due to the actual situation and needs, some classes may be conducted online.

重要日程

即時

接受報名

2020 年 10 月 23 日

截止報名

2020 年 12 月上旬

面見「評審委員會」成員

2020 年 12 月至 2021 年 6 月

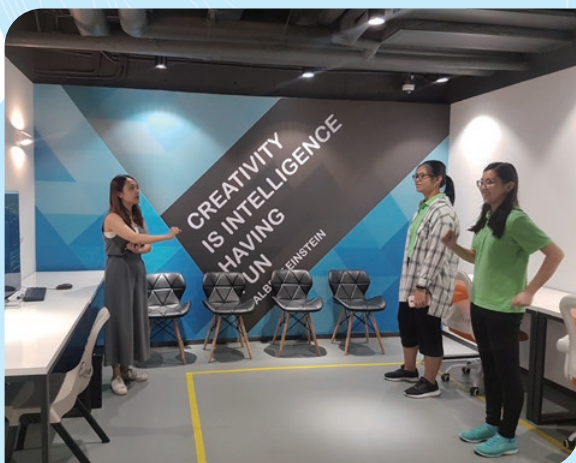
核心領袖培訓單元

2021 年 7 月至 8 月

Project for Hong Kong

2021 年 8 月至 2022 年 6 月

進階培訓項目（自選）



Schedule

Now	Open for Applications
23 Oct 2020	Application Deadline
Early Dec 2020	Meeting with Selection Panel members
Dec 2020 to Jun 2021	Core Leadership Training Modules
Jul to Aug 2021	Project for Hong Kong
Aug 2021 to Jun 2022	Advanced Training (Optional)



《香港200》領袖計劃學習成果



微觀社會

- 了解並主動關心香港社會議題。
- 擁有「願意為香港」的心志。



放眼未來

- 提升學員的領袖特質，包括自信心、主動性、同理心及責任感等。
- 認識全球創新科技趨勢，並了解科技帶來的影響。
- 增強及掌握未來必要的 Leadership 「CONCEPT」：



宏觀國際

- 了解香港與內地發展，包括粵港澳大灣區及一帶一路所帶來的機遇和挑戰。
- 了解全球化所帶來的機遇和衝擊。

Critical Thinking 慎思明辨、
Creativity 創意思維



Orientation of Service
助人精神



Negotiation
談判技巧



Cognitive Flexibility
靈活認知



Learning Outcomes of the “Hong Kong 200” Leadership Project



Involvement with society

- Understanding and taking the initiative to care about social issues in Hong Kong.
- Upholding the spirit of "My Commitment to Hong Kong".



Broadened view of the world

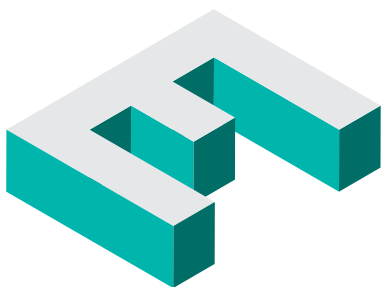
- Understanding the development of Hong Kong and the Mainland China, including the opportunities and challenges brought about by the Greater Bay Area and the Belt and Road Initiative.
- Understanding the opportunities and challenges of globalisation.



Ability to look to the future

- Enhancing the leadership qualities of the students, including self-confidence, initiative, empathy and sense of responsibility.
- Having an understanding of global innovation technology trends and its impact.
- Enhancing and mastering the necessary Leadership "CONCEPT" in the future.

Emotional Intelligence
情緒管理能力



Teamwork
團隊協作能力



People Management 人事管理能力、
Problem Solving 解難能力、
Process of Making Decision 決策能力

參加資格

參加者必須符合以下資格：

- 香港中學四年級或以上之全日制學生（2020/2021 學年）
- 具義務工作或服務社會的經驗
- 在校內現任或曾擔任領袖崗位之職務 *
- 良好語文及溝通能力
- 具備願意服務社會的心志
- 由就讀中學的校長推薦 **
- 在品行、學業及非學業活動上表現優秀

(* 註：領袖崗位包括總領袖生、領袖生、學生會主席或幹事、學會會長或幹事、社長或社幹事等)

(** 註：每間學校提名人數不限，但最終獲取錄的學生將不多於五名)

成功獲選的申請人將會：

- 成為《香港200》學員，接受本地培訓。優秀學員經挑選後將獲機會參與非本地舉辦之會議及交流活動
- 獲頒《計劃》修業證書，以證明其於核心領袖培訓單元中的出席率超過 80%（培訓時數為 50-60 小時）
- 自動成為香港200會會員，持續獲得全面的領袖培訓機會

成功獲選的申請人須繳交港幣九百元正。如有經濟需要，可申請豁免。



Eligibility

Eligible candidates must fulfill the following criteria:

- Be in Form 4 or above enrolled as full-time students in Hong Kong secondary schools (2020/2021 school year)
- Be current or former holders of leadership positions at their schools*
- Demonstrate a commitment to serve the community
- Demonstrate good conduct and outstanding academic / extra-curricular performance and / or are award recipients
- Have experience in volunteer work or service to the community
- Demonstrate good language proficiency and communication skills
- Be recommended by their school principal**

(*Remarks: Including Head Prefects, Prefects, Presidents and other Office Bearers of Student Unions, Chairpersons and other Office Bearers of Clubs or Societies, and Captains and other Office Bearers of Houses)

(**Remarks: The number of students that can be recommended by schools is unlimited, however, no more than 5 students from each school will be selected as participants)

Successful applicants will:

- Become participants in the Project and receive local comprehensive training. Upon selection, outstanding participants will have the chance to take part in non-local meetings and exchange programmes
- Receive a Certificate of Completion if they have an attendance record of over 80% in Core Leadership Training Modules (about 50-60 training hours); and
- Become members of the **Hong Kong 200 Association** if they have fulfilled the Project's requirements, thus becoming eligible to pursue opportunities for further exclusive leadership training.

Successful applicants will be required to pay a training fee of HK\$900. A fee waiver may be applied for by those who are in need of financial support.

申請辦法、獎學金及甄選程序

申請人可透過**校方推薦**或**自薦計劃**報名，並可於下列網址進入網上報名表格：
<https://tinyurl.com/HKFGYGLI-HK200>。



校方推薦

申請人須於 **2020 年 10 月 23 日 (星期五)** 或之前網上呈交：

1. 已填妥之報名表格
2. 已填妥之推薦表格，並由就讀學校校長簽署及蓋印
3. 申請人在報名表格內所呈報資料的有關文件副本
4. 一篇以中文 / 英文撰寫，不超過 500 字，以《願意為香港 — 我已為香港做的一件事》為題的文章

自薦計劃

申請人可自薦報名。自薦計劃特設獎學金，鼓勵曾獲得全港性、區域性或國際性獎項之學生申請。獲頒獎學金的 **《香港200》** 學員將獲得以下獎勵：

- 豁免參與《計劃》所需繳付之費用（港幣九百元正）；
- 可獲得優先參與進階培訓的機會，包括全額資助的海外實習和交流等。

申請人須於 **2020 年 10 月 23 日 (星期五)** 或之前網上呈交：

1. 已填妥之報名表格
2. 申請人在報名表格內所呈報資料的有關文件副本
3. 一篇以中文 / 英文撰寫，不超過 500 字，以《願意為香港 — 我已為香港做的一件事》為題的文章

* 請留意網站更新資料。

Application, Scholarship and Selection Procedure

Applicants can apply through **School Nomination** or **Self Nomination Scheme**.

The online application form can be accessed at the following website:

<https://tinyurl.com/HKFYGLI-HK200>.



School Nomination

Applicants must submit the following online on or before **Friday 23 Oct 2020**:

1. A completed application form
2. A completed recommendation form signed by the school principal and with school chop
3. Copies of documentary evidence wherever appropriate for verification
4. An essay of no more than 500 words in either Chinese or English entitled “My Commitment to Hong Kong — One Thing I Have Done for Hong Kong”

Self Nomination Scheme

Apart from school nomination, students can also apply through Self Nomination Scheme. This scheme provides scholarships for outstanding applicants who have been awarded territory-wide, regional or international prize(s). Successful applicants will receive the following exclusive benefits:

- A waiver of the training fee of HK\$900 for joining the “**Hong Kong 200**” Leadership Project
- Enjoy priority in applying for advanced training opportunities, including fully-funded overseas internship and exchange programmes etc.

Scholarship applicants must submit the following online on or before **Friday 23 Oct 2020**:

1. A completed application form
2. Copies of documentary evidence wherever appropriate for verification
3. An essay of no more than 500 words in either Chinese or English entitled “My Commitment to Hong Kong — One Thing I Have Done for Hong Kong”

*Please refer to the website for updates.



甄選程序

《計劃》秘書處將依照評審準則，採用嚴謹評分方法作出評分，並交評審委員會審核，最後選出入圍申請。整個甄選過程由香港註冊會計師事務所查證，再由評審委員會作最後審核及決定。

《計劃》的評審委員會由最少五名成員組成。委員會成員均在社會不同範疇擔任領袖角色，包括政治、經濟、企業、教育及社會服務等界別。評審委員會將按上述參加資格準則，評核入圍申請人的領導潛質、品行與學業表現，以及其服務社會的心志，協商選出 200 名青年領袖，參與是項《計劃》。

申請人所提供的資料必須為事實及真確，否則秘書處有權拒絕其申請。

申請人提供的資料只供選拔及通訊之用。根據個人資料（私隱）條例第 18、第 22 及附表 1 內第 6 原則的規定，申請人有權要求查閱及更正所提供的個人資料。倘若對填報個人資料一事有任何疑問，包括要求查閱或更改資料等，敬請與秘書處聯絡。



Selection Procedure

The Secretariat will assess each application with reference to the criteria listed and following a strict marking scheme. The preliminary results will be checked by Certified Public Accountants before being submitted to the Selection Panel for assessment and approval.

The Selection Panel will consist of a minimum of 5 community leaders from the fields of politics, economics, business, education and social services. They will assess the nominees' leadership potential, code of conduct, academic or extra-curricular performance and commitment to the community, and will select the most outstanding 200 applicants among them.

All information provided by applicants must be accurate. Any misrepresentation of facts will lead to disqualification.

Personal data provided by applicants will be used only for selection procedures and liaison work. According to Sections 18 and 22 and Principle 6, Schedule 1 of the Personal Data (Privacy) Ordinance, applicants have the right to access and make necessary corrections to personal information held by the Secretariat. Applicants with enquiries about their personal data, including requests for access for correction purposes, should contact the Secretariat.

香港青年協會簡介

香港青年協會（簡稱青協）於 1960 年成立，是香港最具規模的青年服務機構。隨著社會瞬息萬變，青年所面對的機遇和挑戰時有不同，而青協一直不離不棄，關愛青年並陪伴他們一同成長。本著以青年為本的精神，我們透過專業服務和多元化活動，培育年青一代發揮潛能，為社會貢獻所長。至今每年使用我們服務的人次達 600 萬。在社會各界支持下，我們全港設有 80 多個服務單位，全面支援青年人的需要，並提供學習、交流和發揮創意的平台。此外，青協登記會員人數已逾 45 萬；而為推動青年發揮互助精神、實踐公民責任的青年義工網絡，亦有逾 23 萬登記義工。在「青協・有您需要」的信念下，我們致力拓展 12 項核心服務，全面回應青年的需要，並為他們提供適切服務，包括：青年空間、M21 媒體服務、就業支援、邊青服務、輔導服務、家長服務、領袖培訓、義工服務、教育服務、創意交流、文康體藝及研究出版。



Introduction to The Hong Kong Federation of Youth Groups

The Hong Kong Federation of Youth Groups (HKFYG) was founded in 1960 and is now the city's largest youth service organisation. For the six decades, it has been committed to serving the youth of Hong Kong through the provision of a variety of services, activities and programmes, which have an annual attendance of nearly six million. We encourage youth to reach their fullest potential and with community support, we now have over 80 service units. We also have 12 core services, which include the Youth S.P.O.Ts, M21 Multimedia Services, Employment Services, Youth at Risk Services, Counselling Services, Parenting Services, Leadership Training, Volunteer Services, Education Services, Creativity Education and Youth Exchange, Leisure, Cultural and Sports Services, and Research and Publications. We encourage young people to grow into responsible and dutiful citizens and we now have over 230,000 registered volunteers and over 450,000 registered members. We believe that our motto **HKFYG • Here for You** reaffirms our commitment and dedication to the young people of Hong Kong.



香港青年協會領袖學院簡介

建基於多年的培訓基礎，「青年領袖發展中心」已展開新一頁，成為「**香港青年協會領袖學院**」。青協領袖學院座落於別具歷史價值的前粉嶺裁判法院，經活化保育，展現全新面貌。青協自2000年起推動青年領袖培訓，過去培育150,000青年領袖。青協領袖學院下設五個院校，重點培訓領袖技巧、提升傳意溝通、加深認識國家發展、開拓全球視野，以及推動社會參與。青協領袖學院將持續為香港培育青年成為重視道德責任及公民意識的領袖，奉獻己力，從而建構一個共融、有凝聚力的領袖群體。



Introduction to The HKFYG Leadership Institute

Building on its solid foundation of leadership training, The Hong Kong Federation of Youth Groups is celebrating the start of a new chapter with the move of a core service to the new **HKFYG Leadership Institute**. The home of The HKFYG Leadership Institute is the historic former Fanling Magistracy. Since 2000, over 150,000 student leaders have been provided with comprehensive training. It comprises the School of Leadership Skills, School of Communication, School of China Studies, School of Global Leadership and School of Public Engagement. Together, they will nurture Hong Kong youth as morally principled, responsible, civic-minded leaders who contribute positively and innovatively to the building of an inclusive community.



《香港200》領袖計劃秘書處
THE SECRETARIAT OF THE "HONG KONG 200" LEADERSHIP PROJECT

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