

香港200

Hong Kong 200 Leadership Project 2022



為香港未來添上一筆

BRUSHING COLOUR INTO HONG KONG'S FUTURE

Organised by
主辦機構



香港青年協會領袖學院
The HKFYG Leadership Institute

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培育可持續發展領袖人才

新冠疫情持續，為社會帶來深切反思。其中涉及社會發展的議題，不再只講求經濟效益，更需重視環境保育，建構社會共融，平衡各方所需。疫情衝擊下，應對氣候變化同樣帶來莫大挑戰，但同時亦締造可持續發展未來的契機。因此，培育具備相關技能及回饋社會熱忱的青年，讓他們肩負日後走上可持續發展道路的責任，工作可謂任重道遠。

香港青年協會領袖學院舉辦《香港200》領袖計劃，每年挑選200位本地高中具領袖潛質的學生領袖，經過有系統並具前瞻性的培訓，帶領學員了解香港、國家，以至世界面對的變遷及機遇，提升未來技能。去年，即使受制於線上教學模式，學員仍展現積極學習態度，透過「Project for Hong Kong」提出及實踐點子改善社會，包括利用虛擬實境設計改善院舍長者的精神健康，表現令人鼓舞。

學院致力為青年搭建平台，在推動聯合國倡議的可持續發展目標上加強青年角色。第十五屆《香港200》以培育「可持續發展」領袖人才為目標。計劃除了裝備他們的硬知識，以多角度認識可持續發展，更提升其軟技能，保持開放思維，靈活創新地提出平衡社會發展、經濟成果及環境保育的建設性建議，持續為社會貢獻力量。

學院座落於經活化的前粉嶺裁判法院，建築設計在積極應用創新科技的同時，致力保留這座三級歷史建築的昔日原貌。青年不但在此接受專業領袖培訓，感受法院大樓所標誌的法治精神，更凝聚一群「願意為香港」的青年，與社區建立互動，活現可持續社區的發展。

承蒙社會各界多年鼎力支持，《香港200》得以穩步向前邁進，持續為香港培養優秀人才，本人藉此由衷致謝。我們深信，《香港200》能成為讓種子、幼苗成長的土壤，推動他們敢於求變，迎難而上，為香港未來添上更燦爛的一筆！



何永昌

香港青年協會總幹事



Nurturing Sustainability Leaders

We have been faced with so many challenges over the past few years, including the pandemic. However, this particular global crisis has highlighted the necessity of how important it is to pay attention not only to economic matters, but also the environment and social inclusion. We must take sustainability seriously and do all that we can to ensure that the younger generation is equipped with the skills and knowledge to shoulder this great responsibility.

That is why this year’s **“Hong Kong 200” Leadership Project** is focusing on the issue of **Sustainability Leadership**. The purpose is to empower participants with hard skills to understand changing perspectives of sustainability and will strengthen their soft skills to strike a delicate balance among social development, economic gains and environmental conservation. All this works towards **The HKFYG Leadership Institute**’s mission to build a platform for young people through which they can play a greater part in pursuing the United Nations Sustainable Development Goals.

Organised by the Leadership Institute, and as it has done for the past 15 years, **“Hong Kong 200”** annually selects 200 local senior form student leaders who have demonstrated early leadership potential to participate in systematic and forward-looking training. The Project will sharpen participants’ future skills and unfold the recent changes and opportunities in Hong Kong,

Mainland China and the world. Last year, in spite of the challenging situation, participants were able to avail of online training and responded with a positive and proactive learning attitude. It was encouraging to see them further demonstrate their innovation with practical **“Project for Hong Kong”** ideas to improve our society, for instance, utilising new technologies. We expect the same this year.

The HKFYG Leadership Institute, housed at the revitalised **former Fanling Magistracy**, widely applies innovative technologies while extensively preserving the original appearance of this Grade III historic building. The Institute not only provides young people with a pleasant environment for professional leadership training, but also allows them to experience the Rule of Law spirit symbolised by this former Magistracy. These young people have shown their willingness to contribute to Hong Kong’s community, putting sustainability into practice.

I am immensely grateful for the support from all sectors of society throughout the years which has allowed **“Hong Kong 200”** to keep on nurturing outstanding talents for Hong Kong. We firmly believe that **“Hong Kong 200”** will become the rich soil to sprout and grow among our younger generation, motivating them to bring changes to society and brushing colours into Hong Kong’s future!



Andy HO Wing-cheong

Executive Director

The Hong Kong Federation of Youth Groups

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傑出舊生 Outstanding Alumni

《香港 200》領袖計劃自 2006 年起，已成功培養近 2,800 位胸懷「願意為香港」心志的青年領袖，建立橫跨社會各界的龐大精英網絡，持續貢獻社會。



姜必楷 Henry KEUNG

騰訊用戶增長副組長

User Growth Team Leader, Tencent

清華大學蘇世民學者

Schwarzman Scholars of Tsinghua University

行動就能真正改變世界。

“ It takes a movement to really change the world. ”

Since 2006, The “Hong Kong 200” Leadership Project has successfully cultivated over 2,800 young leaders who are committed to serve Hong Kong. It is an extensive elite network across all walks of life to serve in our society continuously.

我在《香港 200》認識了來自不同學校和背景的學員，學習理解別人的思考角度和觀點。我明白不是所有人都跟自己的想法一樣，變得更開放去聆聽別人。

“ I met students from different schools and backgrounds through “Hong Kong 200”. I learn to understand other people's perspectives, and not everyone thinks in the same way as I do. I feel more open to listen to others. ”



趙舜茹 Bonnie CHIU

The Social Investment Consultancy 執行長

Managing Director, The Social Investment Consultancy

2016 年度香港青年服務大獎

The Hong Kong Youth Service Award 2016

2017 年度福布斯 30 歲以下歐洲青年才俊

Forbes 30 under 30 Europe 2017

聯合國 Lavazza Calendar 可持續發展目標 5 大使

Lavazza Calendar United Nations Sustainable

Development Goal 5 Ambassador



黃皓智 Andy WONG

香港城市大學學生

Student, City University of Hong Kong

社創基金得獎人

Awardee of Social Innovation and
Entrepreneurship Development Fund

Wheel Real Light 聯合創辦人

Co-founder, Wheel Real Light

我在《香港 200》認識了志同道合的青年領袖，與他們一起觀察社區，關心香港。這是一個非常獨特的體驗。

“ I met like-minded young leaders in “Hong Kong 200”. It was a very unique experience to observe the community and care about Hong Kong together with them. ”

參加《香港 200》後，我們當中想向醫護行業發展的學員更堅定志向，而我也希望在未來的工作中能夠多接觸長者，幫助他們。

“ After the completion of the core training of the “Hong Kong 200”, for those among us who want to develop further in the medical care industry will be more determined. I also hope that I can reach more elderly and help them in the future. ”



鄧慧思 Ceci TANG

東華三院李嘉誠中學學生

Student, T.W.G.Hs Li Ka Shing College

Project for Hong Kong 金獎得主—「新耆夾爪士的」
Awardee of the Project for Hong Kong Gold Award



《香港200》領袖計劃是甚麼？

學生需要培養好奇心、想像力、適應力和自律能力；尊重和欣賞他人的想法、觀點和價值觀；應對失敗和拒絕，砥礪前行。他們的人生目標遠不止於好工作和高收入；他們還需要關心朋友、家人和社區的幸福，對他人的生活作出貢獻。

《未來的教育與技能—教育2030》
報告（經濟合作與發展組織）

由香港青年協會（簡稱「青協」）自2006年首次推出的《香港200》領袖計劃（簡稱《計劃》），是一項致力提升香港青年社會責任的領袖人才培育計劃。本年度《計劃》以「**可持續發展領袖**」為培訓重點，提升參加者的知識和未來技能，並培育他們平衡社會、經濟及環境的多角度思考，協助他們肩負推動社會發展的任務。《計劃》每年嚴格選拔本地200位別具領導潛質、學業優異，並抱有服務社會心志之青年，接受一系列卓越培訓。歷年《計劃》共有2,800位學生領袖參與。歷屆學員各具專長，他們在發展個人事業的同時，亦關心香港以至國際社會的事務。

踏入高中階段的青少年，他們有機會在學校參與學生會、領袖生，以及學會等不同的領導工作，開始累積擔任學生領袖的經驗。是項《計劃》協助這些具備潛質的青年領袖鞏固經驗，並對國家及香港特區不同範疇的狀況，以及全球化下世界的發展路向，作出深入研習、分析及思考。《計劃》亦將凝聚他們，延續他們願意為香港服務的精神，為保持社會長期穩定繁榮作出建樹。

踏入第十五屆，我們期望為香港發掘並有系統地培育更多有承擔、積極投入建設和服務社區的青年領袖人才。《計劃》目的包括：

- 為具潛質的青年提供卓越的體驗和學習機會，培養未來領袖所需具備的知識、素質與能力；
- 建立長遠的聯繫與交流平台，以凝聚並延續青年領袖服務社會的心志；以及
- 開拓和提供多方面參與社會建設與公共事務的機會與渠道，讓青年領袖發揮所長，回饋社會。



What is the “Hong Kong 200” Leadership Project?

“Students will need to develop curiosity, imagination, resilience and self-regulation; respect and appreciate the ideas, perspectives and values of others; cope with failure and rejection, and to move forward in the face of adversity. Their motivation will be more than getting a good job and a high income; they will also need to care about the well-being of their friends and families, their communities and the planet.”

Education 2030: The Future and Education and Skills (OECD)

The “**Hong Kong 200**” Leadership Project is a leadership development programme for young people, initiated by The Hong Kong Federation of Youth Groups in 2006, which aims to enhance young people’s sense of social responsibility and reinforce their willingness to give back to the community. This year’s Project strives to strengthen both participants’ knowledge and future skills in the hope of nurturing “**Sustainability Leadership**” under which social issues will be analysed and addressed. Through a multi-dimensional lens, we aim to strike a delicate balance among social development, economic progress and environmental preservation. Each year, the Project selects 200 youth leaders for intensive training. The criteria for selection are based on demonstrated early leadership potential, outstanding academic performance and a commitment to serve the community. Over the years, 2,800 outstanding youth leaders have been nurtured by the Project. They have not only found their own professional callings in study and work, but have also

demonstrated that they have the compassion to give their love and care to others in Hong Kong and even in different regions of the world.

Young people who are at the senior secondary stage and who have already demonstrated leadership qualities in secondary school through assuming leadership roles in Student Unions, Clubs and Societies and as Prefects will be invited to acquire new skills and further develop their potential. Not only will they be assisted in enriching their knowledge about the development of our country and the upcoming trends under the process of globalisation, but they will also be taught to strengthen their analytical and reasoning skills. Supporting youth in this way, we believe, will reinforce their willingness to give back to the community and thus benefit Hong Kong herself.

The “**Hong Kong 200**” is a meaningful initiative to help Hong Kong identify able young leaders and to further strengthen their leadership skills and commitment to the community. Now reaching its fifteenth year, the Project is expected to:

- Provide experiential learning opportunities to young people who have strong leadership potential in order to help them acquire the necessary knowledge, tools and skills, as well as to develop their qualities and competencies for good leadership;
- Build a network for liaison and exchange that will strengthen their commitment to the community ; and
- Create opportunities and channels for youth leaders to maximize their potential through proactive participation in community affairs in Hong Kong.

《香港 200》領袖計劃有何特色？

《香港 200》在過去十四屆，已為香港培育 2,800 名高質素的青年領袖人才。他們憑藉自身在各領域的成就，以及透過此《計劃》所建立的視野與抱負，積極發揮建設社會的角色。與此同時，《計劃》亦將繼往開來，選拔優秀的青年，提供卓越的培訓機會，啟發他們服務香港的心志。培訓特色包括：

嚴格選拔學員

《計劃》每年由評審委員會嚴格選拔 200 名品學兼優、富領導潛質及具備服務社會心志的青年參加。參加者均須由所屬學校的校長推薦。全港超過 85% 的學校曾推薦學生參加《計劃》。

全面領袖培訓

《計劃》本年度以「**HOPES**」為核心價值，期望學員能宏觀國際（Horizon of the world）、懷抱希望（Optimistic thinking）、關懷社會（Proactive care about society）、放眼未來（Embracing the future），並成為可持續發展領袖（Sustainability Leadership）。

《計劃》強調提升個人的領導、分析及思考能力。形式包括與社會領袖對話、由國際青年領袖舉辦之工作坊、研討會、機構參觀及實地考察，以及社會創新實踐等，旨在強化青年的領導技巧，深入了解香港及國際社會的現況與未來發展的新趨勢，並啟發和培育青年人以創新的思維去解決社會問題，親身推動社會的正面發展。

持續系統跟進

《計劃》重視青年參加者的持續參與、回饋及推動建設社區的工作。《計劃》凝聚參加者的力量，於 2007 年組成**香港 200 會**，以持續履行服務社會的責任，包括舉辦與社會領袖交流、討論社會議題、服務社會大眾以及自我增值學習等不同類型的活動。

《計劃》持續提供國際、區域交流的機會，擴闊學員的視野，如參與在韓國首爾舉行的**International Youth Camp**、在日本東京舉行的**太平洋經濟合作議會（PECC）第十九屆全體大會**，以及在中國北京舉辦之**模擬聯合國（Model United Nations）會議**。《計劃》在疫情下，亦提供海外學習機會，推出「海外線上學習獎學金」，提供獎學金讓具領袖才能的舊生就讀國際知名學府，包括英國牛津大學、美國哈佛大學等的網上領袖課程。

《計劃》將致力延續參加者服務社會的心志，包括鼓勵他們實際參與社區建設，進一步推動區域、全球青年的交流，成為積極參與社會的新一代公民。

What are the characteristics of the Hong Kong 200 Leadership Project?

“Hong Kong 200”, through its meticulously designed leadership training programme, has nurtured 2,800 high-calibre young leaders over the past 14 cohorts. Guided by the vision and aspirations of the Project, these young people have been given the skills to take on a more proactive role in community affairs in the future. At the same time, the Project will continue to select and nurture outstanding students in Hong Kong, giving them high-quality training that further unleashes their leadership potential and their commitment to serve the community. Characteristics of the Project include:

Selection by Merit

The Selection Panel uses strict criteria to make their choice from among the applicants. They seek youth leaders who not only embody good conduct, but who have also demonstrated outstanding academic and extra-curricular performance, expressed commitment to the community and with high leadership potential. A principal's nomination must be presented by each applicant to the Project. In the past decade, over **85%** of secondary schools in Hong Kong have nominated students to join.

Comprehensive Leadership Training

The Project takes “**HOPES**” as its core value this year. It is expected that participants will be able to broaden the Horizons of the world, adopt Optimistic thinking, demonstrate Proactive care about society, Embrace the future and practise Sustainability Leadership.

Participants will strengthen their analytical and critical thinking skills and improve their leadership skills through dialogue sessions with prestigious social leaders, workshops conducted by young global leaders, seminars, organisation visits and

implementation of social innovation projects. These training opportunities will also enrich participants’ understanding of current issues and important development trends in both local and global society while nurturing an innovative mindset among our future leaders for tackling social problems and making a positive impact on the community.

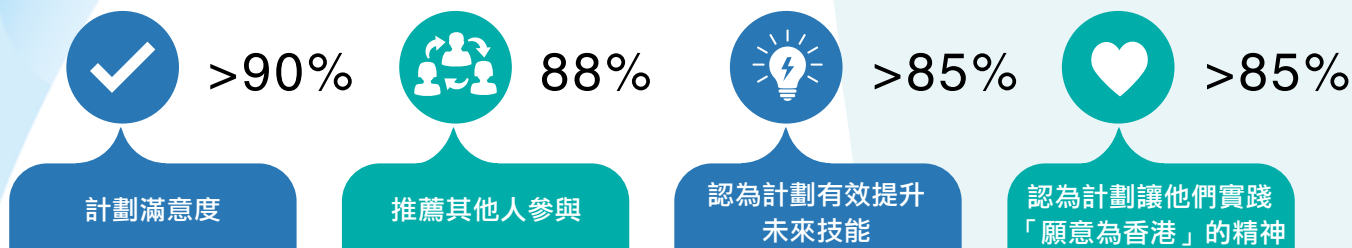
Networking and Follow-up

The Project emphasises fostering an enduring spirit of participation, contribution and commitment to the community among young leaders. To this end, the **Hong Kong 200 Association** was established in 2007. The Association has to date organised various activities, including dialogue sessions with social leaders, discussion over social issues, and other value-adding activities.

We also provide opportunities for our young participants to broaden their regional and global vision through participation in regional events, including the **International Youth Camp** held in South Korea, the **19th Pacific Economic Cooperation Council (PECC) General Meeting** in Tokyo, and the **Model United Nations** in Beijing. The Project provides overseas learning opportunities under the pandemic through launching the “Overseas Online Learning Scholarship”. Alumni with excellent leadership abilities had been sponsored to study in renowned world-class university, including the online leadership programmes provided by Oxford University, and Harvard University. The accumulated experience of participating youth leaders will help promote dialogue both regionally and internationally. It will also engender their deeper involvement in community affairs as active and responsible citizens.

2020-2021《香港200》領袖計劃學習歷程回顧

學員調查結果



系統化學習與實踐

2020-2021《香港200》在疫情下推動線上線下培訓模式，為學員提供嶄新而靈活的領袖培育體驗。課程設計以社會為本的「**設計思維**」為主軸，安排不同類型的學習活動，讓學員在導師的專業指導下，由**換位思考**、**需求定義**、**創意動腦**、**製作原型**，邁向最後**實際測試**，就「**正向教育**」、「**回收再造**」及「**樂齡安老**」三個主題洞察社會問題。通過有系統的培訓，學員提出切實可行的解決方法—**Project for Hong Kong**，實踐「願意為香港」精神。2020《香港200》的總培訓時數達8,000小時，內容包括：導引日、社會創新技能實驗室、社會體驗、與社會領袖對談及 Project for Hong Kong 創投提案。

完成核心培訓後，學員自由參與進階培訓課程，例如：青年導師培訓、社會政策研究和商業管理課程等，持續精進領袖技巧。進階培訓課程過去獲得多間企業和機構支持，包括：國際管理諮詢公司**德勤諮詢（香港）有限公司**、公共運輸公司**香港電車有限公司**、社交媒體公司**LINE Plus Corporation**、創新科技公司**奇噢創新有限公司**等，為舊生提供多元學習機會。



● 面見評審
Selection Panel Meeting



● 社會體驗
Social Experiential Simulations



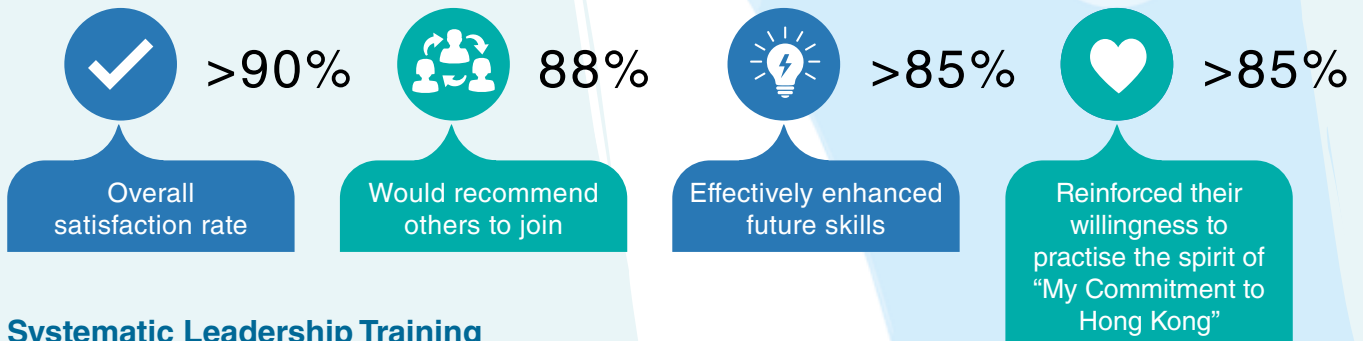
● 海外線上學習獎學金
Overseas Online Learning Scholarship



● 工作體驗
Job Shadowing

“Hong Kong 200” Leadership Project 2020-2021 Learning Journey Review

Participants Survey Results



Systematic Leadership Training

In light of the Covid-19 pandemic, “Hong Kong 200” 2020-2021 adopted a hybrid training mode in order to provide participants with innovative and flexible leadership training. The curriculum design centered on the society-oriented “**Design Thinking**”. With professional guidance, participants went through various essential steps in the Design Thinking process i.e., from **empathising, need defining, ideating, prototyping** all the way to **application testing** with a view to identifying social issues beneath the themes of “**Positive Education**”, “**Upcycling**” and “**Well-being of Elders**”. They then developed relevant practical solutions, **Project for Hong Kong**, for the betterment of Hong Kong. Training modules of “Hong Kong 200” 2020-2021 reached 8,000 hours where participants engaged in activities including Induction Day, Social Innovation Skill Labs, social experiential simulations, dialogue with social leaders and Project for Hong Kong pitching.

Upon finishing the core modules, participants could flexibly participate in different “Hong Kong 200” advanced training programmes, like youth trainer development, social policy research and business management courses, in order to continuously sharpen their leadership skills. “Hong Kong 200” advanced training programmes have been providing diverse learning opportunities for alumni. Thanks to the tremendous support from various established corporations and organisations such as **Deloitte Advisory (Hong Kong) Limited, Hong Kong Tramways Limited, LINE Plus Corporation, and Create Studio Limited**.



● 技能實驗室
Skill Lab



● Project for Hong Kong 創投提案
Project for Hong Kong Pitching



● 企業諮詢進階培訓
Advanced Training with Experts



● 城市研究室
Urban Lab

Some photos were taken before the pandemic.
部分相片攝於疫情前。

香港 200 會

香港 200 會是一個由曾參與《香港 200》的青年領袖所組成的聯繫網絡，以「願意為香港」為號召，並透過聯繫、參與、獻策、創新與服務等方式與社會互動。

香港 200 會自 2007 年成立以來，曾舉辦與社會領袖交流、討論社會議題、服務社會大眾、導師培訓、自我增值學習等不同類型活動，以推動會員成為積極參與社會的新一代公民。香港 200 會會員亦獲邀加入「青年創研庫」，他們不但參與「經濟」、「管治」、「教育」及「民生」四個範疇的研究，更曾獲邀與政府部門分享意見，積極推動香港社會的未來發展。

師友計劃

《計劃》一直致力為香港打造青年領袖人才庫。師友計劃將為未來參加的學員與歷屆師兄師姐建立緊密聯繫。不少歷屆學員在學術、事業及社會服務上已取得傑出的成就，他們以師友身份藉著分享個人閱歷及專業，將能夠協助《計劃》的學員在升學及就業範疇的發展。

工作影子計劃

《計劃》舊生積極為歷屆學員提供不同的職業發展機會，透過工作影子計劃讓學員了解各行業的發展趨勢，啟發他們思考個人發展潛力，日後在不同專業崗位上回饋社會。參與之企業包括由《計劃》舊生成立之初創企業，例如：環保社企綠行俠、醫療科技公司智原科技有限公司、STEM 教育機構啟瀚科技教育等。



Hong Kong 200 Association

The Project's participants will become members of the **Hong Kong 200 Association** and develop connections through the association's network. The aim of the Association is to encourage members to continually engage with one another, exchange ideas and innovate. This Association is able to generate synergy through its network of accumulated 2,800 Project participants who are dedicated to serving their community.

Since its establishment in 2007, the Association has been sustaining the Project in various ways, such as arranging sharing sessions with community leaders, discussions of social issues among the members, service projects in the community, as well as other learning activities which broaden these youth leaders' horizons as responsible global citizens.

Members of the Association have been invited to join Youth I.D.E.A.S., which conducts research on a regular basis in four different areas including Employment and Economic Development, Governance and Constitutional Development, Education and Innovation, as well as Society and Livelihood. Committed to promoting the development of our community, they have exchanged ideas and policy suggestions with the Secretary for Labour and Welfare on the topic of retirement protection. A series of “Hong Kong 200 Forums” has been successfully launched, which provides a platform for our young leaders to express their opinions towards different issues in front of various social leaders in Hong Kong. Other than that, some members have also organised groups that connect others according to their professions, so as to promote professional development and to seek ways to give back to society.

Mentorship Programme

“Hong Kong 200” values the establishment of a talent bank of young leaders. Mentorship Programme enables our young participants to connect with our alumni who have obtained remarkable achievements in their own studies, careers and social services. Thus they are able to share personal experiences and expertise that may inspire the mentees in terms of their career planning or academic pursuits.

Job Shadowing Programme

The alumni of the Project have actively provided career development opportunities for fellow participants. Through Job Shadowing Programme, participants can understand development trends of various industries and further explore their potentials. Partnering companies include start-ups founded by our alumni, like Eco-Greenery, Intelligent Design Technology Limited, and Caprikon Education.



2022《香港200》領袖計劃核心價值

宏觀國際

- 了解香港、內地及世界發展，包括粵港澳大灣區及一帶一路所帶來的機遇和挑戰。

懷抱希望

- 培育正向思維和抗逆能力。

關懷社會

- 了解並主動關心香港社會議題。
- 胸懷「願意為香港」的心志。

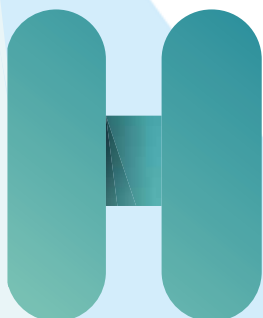
放眼未來

- 提升學員的領袖特質，包括自信心、主動性、同理心及責任感等。
- 認識全球創新科技趨勢，並了解科技帶來的影響。
- 增強及掌握未來必要的未來技能：全健管理、數碼技能、人生規劃、創新解難、抗逆應變及溝通協作。

可持續發展領袖

- 平衡長期和短期發展考慮因素的優次，並為不同的持份者創造價值。

Horizons of the world
宏觀國際



Optimistic thinking
懷抱希望



Proactive care
about society
關懷社會



Core Values of the “Hong Kong 200” Leadership Project 2022

Horizons of the world	<ul style="list-style-type: none">● Understanding the development of Hong Kong, mainland China and the world, including the opportunities and challenges brought about by the Greater Bay Area and the Belt and Road Initiative.
Optimistic thinking	<ul style="list-style-type: none">● Nurturing positive thinking and strengthening resilience.
Proactive care about society	<ul style="list-style-type: none">● Understanding and taking initiative to care about social issues in Hong Kong.● Upholding the spirit of “My Commitment to Hong Kong”.
Embracing the future	<ul style="list-style-type: none">● Enhancing the leadership qualities of the students, including self-confidence, proactiveness, empathy and sense of responsibility.● Having an understanding of global innovation and technology trends and their impact.● Enhancing and mastering the necessary future skills, including Wellness Management, Digital Skills, Life Planning, Innovation & Problem Solving, Resilience & Crisis Management and Communication & Cooperation.
Sustainability leadership	<ul style="list-style-type: none">● Balancing short-term and long-term priorities to create value for different stakeholders at the same time.

Embracing the future
放眼未來



Sustainability leadership
可持續發展領袖



2022《香港200》領袖計劃課程內容

核心領袖培訓單元（必修）

在專業導師及《香港200》學長的指導下，學員將接受一系列全面的領袖培訓，提升領導能力及擴闊視野。過去曾擔任導師及講者的國際青年領袖，包括「亞洲女性成就獎—年度青年成就獎2016」得主、「世界青年領袖—全球青年領袖」得獎者及「世界青年峰會」大使等。培訓項目旨在培育青年成為「可持續發展」領袖，一方面提升他們的知識，另方面建立正確態度，協助他們掌握相關技巧，訓練他們平衡社會、經濟及環境等方面的多角度思考能力，並深入了解香港、國家及國際社會的現況與未來發展新趨勢。具體內容如下：

核心領袖培訓單元



可持續發展 領袖特質 (30 小時)

- 透過與**社會創新專家**對話，讓學員認識領袖特質與可持續發展的相交點，培養他們的「可持續發展」思維，激發「願意為香港」的心志。
- 以**嶄新歷奇活動**，提升學員未來技巧，包括人事管理、靈活認知、解難能力和衝突管理等，提升他們推動「可持續發展」的能力。



社會與創新 (30 小時)

- 透過**高度互動**的學習過程，讓學員理解如何結合創新科技與未來技能。
- 學員藉著參與有趣的**體驗活動和探索社區**，加深體會社會需要，引發他們對各種議題的關注及興趣，為建立「願意為香港」的精神播下種子。
- 學員將自行設計 **Project for Hong Kong**，聯繫志同道合的學員，並以**設計思維**為社會有需要人士提出實際可行的生活改善方案，解決社會問題。學員需要製作原型，並向評審匯報；最佳組別將獲**種子基金**推行計劃。



國際視野

- 從本地、內地及國際角度出發，並透過**環球領袖分享**，讓學員擴展放眼區內外的「可持續發展」機遇和認識**世界公民**身份。

Curriculum of the “Hong Kong 200” Leadership Project 2022

Core Leadership Training Modules (Compulsory)

Under the guidance of professional instructors and “Hong Kong 200” mentors, participants will receive comprehensive and high-quality basic training to enhance their leadership calibre and broaden their social horizons. Global young leaders who have been invited as instructors and speakers include recipients of the **Young Achiever of Asian Women of Achievement Awards 2016, World Economic Forum Young Global Leader Awardee and One Young World Ambassador**. The training format will also include dialogue sessions with prestigious social innovators, visits, as well as a leadership practicum, which will strengthen participants’ sustainability leadership skills, and knowledge about the upcoming local and international trends. The Project will equip them with essential knowledge about sustainable development while nurturing their mindsets and strengthening their skills to develop multiple perspectives to strike a delicate balance among social development, economy progress, and environmental preservation. The contents are described as follows:

Core Leadership Training Modules



Sustainability Leadership Traits (30 hours)

- To allow participants to learn about the intersections between good leader attributes and sustainable development and nurture their sustainable development mindset through **discussion with local social innovation experts**.
- To enhance participants’ future skills, including people management, cognitive flexibility, problem solving, and conflict management skills through **novel adventure-based training** so they will be more equipped to promote sustainable development.



Society and Innovation (30 hours)

- To understand the incorporation of innovation technology and future skills through a **highly interactive learning process**.
- To enable participants to understand social needs through **interesting experiential activities and community visits**, and arouse their interest in social issues, so as to reinforce their willingness to give back to Hong Kong.
- To **put thoughts into actions** by using **design thinking skills** and creating a prototype of their project addressing social issues. The best team will be awarded with **seed funding** to execute their projects.



Global Horizon

- To encourage participants to look **within and beyond Hong Kong** for sustainable development potential and nurture their **global citizenship identity** through approaching social issues from both local and international lens and dialogues with global leaders.

* The Secretariat reserves the right to amend the training details and format without prior notice, subject to anti-pandemic measures and other actual situations.

進階培訓項目（自選）

《香港200》學員可參加「工作體驗：傳統與未來」，培養正確工作態度及反思未來職場趨勢。此外，歷屆學員亦會透過「師友計劃」，以師友身份分享個人閱歷及專業，協助學員掌握事業發展機會，為未來升學和就業做好規劃。

表現優秀的學員亦享有外地海外培訓機會，獲得資助前往其他國家，認識當地的科技發展、民生狀況及全球化帶來的機遇等。參加學員必須通過嚴格評審程序，方可獲上述海外學習機會。

《香港200》亦提供四個進階培訓方向，期望學員完成核心培訓後，可按興趣及能力持續增進知識、發展技能，並回饋社會。進階培訓方向包括：

進階培訓方向	內容
青年導師組別	學習推行及帶領青年活動，透過體驗式領袖訓練，提升作為組長及導師的技能。
商業營運組別	與商業機構合作舉辦培訓活動，讓參加者掌握可持續發展、環境、社會、企業管治(ESG)的知識和規範。
社會政策組別	就不同社會議題提供政策分析培訓，培育學員慎思明辨和多角度思考的能力，並為社會事務建言獻策。
社區發展組別	運用種子基金實行優秀的社會改善方案，創造社會價值。

學員有機會與社會各界傑出領袖交流，曾與學員交流的社會領袖包括：香港上海滙豐銀行有限公司主席王冬勝先生、博裕資本管理合夥人張子欣博士、市區重建局行政總監韋志成先生、社會創新及創業發展基金專責小組副主席繆志仁先生、香港青年協會總幹事何永昌先生等。



Advanced Training (Optional)

Participants can join “Job Shadowing Programme: Tradition and Future” to cultivate proper working attitude and reflect the trend of the future job market. In addition, alumni will share their personal experience and expertise as mentors through the “Mentorship Programme”, preparing for participants’ future career and academic pursuits.

“Hong Kong 200” also provides overseas learning opportunities for participants with outstanding performances. They may join the study tour to countries and regions along the Belt and Road Initiative. Through immersive learning experiences, they are able to understand the technological development, social conditions, and impact of globalisation of other countries.

“Hong Kong 200” also provides 4 advanced training directions for participants who have completed the core training, so they can continuously absorb more knowledge and develop their skillsets according to their aspirations and abilities with an aim to give back to society.

Advanced Training Directions	Contents
Youth Trainer Group	To learn how to lead experiential-based youth leadership training to enhance skills among youth.
Business Management Group	To understand sustainable development and ESG (Environmental, Social, and Governance) through organising management training programme with corporations.
Social Policy Group	To strengthen critical thinking and multi-perspective thinking and to encourage contributive actions towards social affairs through providing policy analysis training.
Community Development Group	To create social value through providing seed funding for the outstanding Project for Hong Kong groups.

Participants may have valuable opportunities to exchange their views with outstanding social leaders from all walks of life. They have met prominent social leaders such as Mr Peter WONG, Chairman, The Hongkong and Shanghai Banking Corporation Limited, Dr Louis CHEUNG, Managing Partner, Boyu Capital, Ir WAI Chi Sing, Managing Director, Urban Renewal Authority, Mr Alvin MIU, Vice-chairperson, Social Innovation and Entrepreneurship Development Fund Task Force, and Mr Andy HO, Executive Director, The Hong Kong Federation of Youth Groups.

學習特色

本年度《香港200》以多元學習模式，啟發學生思維，提升學習成效，包括：



現象教學法

由學生自行訂定研習課題，導師配合並帶領學生實地考察，探究社會問題或進行訪問。



設計思維工具

以一系列工作坊，引導學員從定義需求、創業動腦、製作原型，以至實際測試，實踐解決社會問題的計劃意念，並以創新方式呈現自主設計的服務或產品。



經驗學習法

透過參與模擬體驗和鼓勵學員走入社區，以第一身經驗了解社會狀況。



彈性學習

結合網上自學工具和面授活動，提升學習彈性和效能。因應實際情況和需要，部分課堂將會以網上學習形式進行。

重要日程

即時

接受報名

2022 年 6 月 14 日

截止報名

2022 年 7 月中下旬

面見「評審委員會」成員

2022 年 7 月下旬

領袖先導課程（自選）

2022 年 8 月至 11 月

核心領袖培訓單元

2022 年 12 月 / 2023 年 1 月





Project for Hong Kong 分享會

2023 年 1 月至 8 月

進階培訓項目（自選）

Features

The Project adopts multi-learning modes to stimulate thinking. These include:

 Phenomenon-based learning	To open up the project themes for selection by young participants. Instructors will guide them in conducting field work for investigating social issues.
 Design thinking tools	To equip participants with design thinking skills that will help them realise their project for solving social problems.
 Experiential learning	To deepen participants' understanding of our society by participating in simulated experiences, and encouraging participants to immerse themselves in the community.
 Hybrid learning mode	To combine e-learning tools and face-to-face activities to enhance learning flexibility and effectiveness. Depending on the actual situation and needs, some classes may be conducted online.

Schedule

Now	Open for Applications
14 Jun 2022	Application Deadline
Mid to late Jul 2022	Meeting with Selection Panel members
Late Jul 2022	Leadership Guiding Programme (Optional)
Aug to Nov 2022	Core Leadership Training Modules
Dec 2022/ Jan 2023	Project for Hong Kong Pitching
Jan to Aug 2023	Advanced Training (Optional)

參加資格

參加者必須符合以下資格：

- 香港中學四年級或以上之全日制學生（2021/2022 學年）
- 在校內現任或曾擔任領袖崗位之職務 *
- 具備願意服務社會的心志
- 在品行、學業及非學業活動上表現優秀
- 具義務工作或服務社會的經驗
- 良好語文及溝通能力
- 由就讀中學的校長推薦 **

註：* 領袖崗位包括總領袖生、領袖生、學生會主席或幹事、學會會長或幹事、社長或社幹事等

** 每間學校提名人數不限，但最終獲取錄的學生將不多於五名

成功獲選的申請人將會：

- 成為《香港 200》學員，接受本地培訓。優秀學員經挑選後將獲機會參與非本地舉辦之會議及交流活動；
- 獲頒《計劃》修業證書，以證明其於核心領袖培訓單元中的出席率超過 80%（培訓時數為 50-60 小時）；及
- 自動成為香港 200 會會員，持續獲得全面的領袖培訓機會。

成功獲選的申請人須繳交港幣九百九十元。如有需要，可申請資助或豁免。



Some photos were taken before the pandemic.
部分相片攝於疫情前。

Eligibility

Eligible candidates must fulfill the following criteria:

- Be in Form 4 or above enrolled as full-time students in Hong Kong secondary schools (2021/2022 school year)
- Be current or former holders of leadership positions at their schools*
- Demonstrate a commitment to serve the community
- Demonstrate good conduct and outstanding academic / extra-curricular performance and / or are award recipients
- Have experience in volunteer work or service to the community
- Demonstrate good language proficiency and communication skills
- Be recommended by their school principal**

Remarks: *Including Head Prefects, Prefects, Presidents and other Office Bearers of Student Unions, Chairpersons and other Office Bearers of Clubs or Societies, and Captains and other Office Bearers of Houses

**The number of students that can be recommended by schools is unlimited, however, no more than 5 students from each school will be selected as participants

Successful applicants will:

- Become participants in the Project and receive local comprehensive training. Upon selection, outstanding participants will have the chance to take part in non-local meetings and exchange programmes;
- Receive a Certificate of Completion if they have an attendance record of over 80% in Core Leadership Training Modules (about 50-60 training hours); and
- Become members of the **Hong Kong 200 Association** if they have fulfilled the Project's requirements, thus becoming eligible to pursue opportunities for further exclusive leadership training.

Successful applicants will be required to pay HK\$990 fee. A fee subsidy or waiver may be applied for if needed.

申請辦法、獎學金及甄選程序

申請人可透過**校方推薦**或**自薦計劃**報名，並可於下列網址進入網上報名表格：
<https://tinyurl.com/HKFGYGLI-HK200>。



校方推薦

申請人須於 **2022 年 6 月 14 日 (星期二)** 或之前網上呈交：

1. 已填妥之報名表格
2. 已填妥之推薦表格，並由就讀學校校長簽署及蓋印
3. 申請人在報名表格內所呈報資料的有關文件副本
4. 一篇以中文 / 英文撰寫，不超過 500 字，以《願意為香港 — 我已為香港做的一件事》為題的文章

自薦計劃

申請人可自薦報名。自薦計劃特設獎學金，鼓勵曾獲得全港性、區域性或國際性獎項之學生申請。獲頒獎學金的《香港 200》學員將獲得以下獎勵：

- 豁免參與《計劃》所需繳付之費用（港幣九百九十元）；及
- 可獲得優先參與進階培訓的機會，包括全額資助的海外實習和交流等。

申請人須於 **2022 年 6 月 14 日 (星期二)** 或之前網上呈交：

1. 已填妥之報名表格
2. 申請人在報名表格內所呈報資料的有關文件副本
3. 一篇以中文 / 英文撰寫，不超過 500 字，以《願意為香港 — 我已為香港做的一件事》為題的文章

* 請留意網站更新資料。

Application, Scholarship and Selection Procedure

Applicants can apply through **School Nomination** or **Self-Nomination Scheme**.

The online application form can be accessed at the following website:

<https://tinyurl.com/HKFYGLI-HK200>.



School Nomination

Applicants must submit the following online on or before **Tuesday 14 June 2022**:

1. A completed application form
2. A completed recommendation form signed by the school principal and with school chop
3. Copies of documentary evidence wherever appropriate for verification
4. An essay of no more than 500 words in either Chinese or English entitled “My Commitment to Hong Kong — One Thing I Have Done for Hong Kong”

Self-Nomination Scheme

Apart from school nomination, students can also apply through Self-Nomination Scheme. This scheme provides scholarships for outstanding applicants who have been awarded territory-wide, regional or international prize(s). Successful applicants will receive the following exclusive benefits:

- A waiver of the HK\$990 fee for joining the “**Hong Kong 200**” Leadership Project; and
- Enjoy priority in applying for advanced training opportunities, including fully-funded overseas internship and exchange programmes.

Scholarship applicants must submit the following online on or before **Tuesday 14 June 2022**:

1. A completed application form
2. Copies of documentary evidence wherever appropriate for verification
3. An essay of no more than 500 words in either Chinese or English entitled “My Commitment to Hong Kong — One Thing I Have Done for Hong Kong”

*Please refer to the website for updates.



甄選程序

《計劃》秘書處將依照評審準則，採用嚴謹評分方法作出評分，並交評審委員會審核，最後選出入圍申請。整個甄選過程由香港註冊會計師事務所查證，再由評審委員會作最後審核及決定。

《計劃》的評審委員會由最少五名成員組成。委員會成員均在社會不同範疇擔任領袖角色，包括政治、經濟、企業、教育及社會服務等界別。評審委員會將按上述參加資格準則，評核入圍申請人的領導潛質、品行與學業表現，以及其服務社會的心志，協商選出 200 名青年領袖，參與是項《計劃》。

申請人所提供的資料必須為事實及真確，否則秘書處有權拒絕其申請。

申請人提供的資料只供選拔及通訊之用。根據個人資料（私隱）條例第 18、第 22 及附表 1 內第 6 原則的規定，申請人有權要求查閱及更正所提供的個人資料。倘若對填報個人資料一事有任何疑問，包括要求查閱或更改資料等，敬請與秘書處聯絡。



Selection Procedure

The Secretariat will assess each application with reference to the criteria listed and following a strict marking scheme. The preliminary results will be checked by Certified Public Accountants before being submitted to the Selection Panel for assessment and approval.

The Selection Panel will consist of a minimum of 5 community leaders from the fields of politics, economics, business, education and social services. They will assess the nominees' leadership potential, code of conduct, academic or extra-curricular performance and commitment to the community, and will select the most outstanding 200 applicants among them.

All information provided by applicants must be accurate. Any misrepresentation of facts will lead to disqualification.

Personal data provided by applicants will be used only for selection procedures and liaison work. According to Sections 18 and 22 and Principle 6, Schedule 1 of the Personal Data (Privacy) Ordinance, applicants have the right to access and make necessary corrections to personal information held by the Secretariat. Applicants with enquiries about their personal data, including requests for access for correction purposes, should contact the Secretariat.

香港青年協會領袖學院簡介

為香港未來添上一筆

香港需要土生土長的領袖，他們肩負着延續法治精神、經濟繁榮、社會安定、公民意識及服務心智的重任，也因此需要各樣不同的未來技能和特質。

香港青年協會領袖學院是專為青年而設的領袖學院，致力培育新一代優秀青年人才，自2000年起，培訓逾20萬名青年領袖。

學院現時坐落於別具歷史價值的前**粉嶺裁判法院**，經**第三期活化歷史建築伙伴計劃**，展現全新面貌。1961年啟用的法院大樓，如今保留了殖民時期建築的優雅，並融入了現代科技，讓訪客擁有互動體驗。透過參與高質素的培訓計劃、跨文化交流及親身體驗，青年領袖將在本地、國家和國際層面，**提升個人素養、公民意識、責任感以及服務心志**。

領袖培訓

為了在新常態下促進青年成長，青協提倡**六大未來技能**，裝備青年軟、硬技巧。領袖學院之培訓課程圍繞四大主題，包括：**可持續發展領袖、服務型領袖、抗逆領袖及尊重型領袖**，亦涵蓋其他溝通協作及特色課程。

學院建基於多年的培訓基礎，具備清晰的培訓階梯，提供**高小、中學、大專**以至**行政人員**的領袖培訓。通過精心策劃的多元培訓，進一步裝備青年在未來承擔領導的角色，**領創新天**。



Introduction to The HKFYG Leadership Institute

Brushing Colour into Hong Kong's Future

Hong Kong needs home-grown leaders for the rule of law, economic prosperity, social stability, civic-mindedness and service to the community, they need numerous **future skills** and attributes.

The HKFYG Leadership Institute is dedicated to creating a new generation of leaders for Hong Kong; 200,000 have been trained since 2000.

The home of the HKFYG Leadership Institute is the historic **former Fanling Magistracy**, revitalised under **the Batch III of Revitalising Historic Buildings Through Partnership Scheme**. It combines the heritage of a graceful colonial building, opened in 1961, with immersive and interactive technology. Young people will be engaged and involved in high-quality programmes, inter-cultural exchanges and hands-on experiences **to enhance their intellect, responsibility** and **service** locally, nationally and globally.

Leadership Training

The HKFYG advocates **six future skills**, strengthening youth's hard and soft skills to grow and develop in the new normal. The Institute offers training programmes in four main themes, namely **Sustainability Leadership, Servant Leadership, Resilient Leadership** and **Respectful Leadership**. Effective training on communication and collaboration and signature programmes are also provided.

Building on the solid foundation of leadership training with a clear development pipeline, the Institute provides training for young people **from primary school to tertiary institutes to those in the workplace**. Through our meticulously designed curriculum, young leaders are empowered to take up leadership roles and **Make Wonders**.







《香港200》領袖計劃秘書處
THE SECRETARIAT OF THE "HONG KONG 200" LEADERSHIP PROJECT

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