



香港青年協會領袖學院
The HKFYG Leadership Institute

2025/26

中學生領袖訓練 基礎課程

The Foundation Course for Student Leaders

《中學領袖訓練證書課程》的先導課程，為培訓學生成為未來的傑出領袖而設

A pilot course for the "Student Leaders Training Certificate Course" -

Designed to equip students to become outstanding leaders in the future

課程簡介 Introduction

本課程是一個專為中學校內具領袖崗位的學生領袖而設的全新領袖培訓計劃，旨在培養學生的領袖力、溝通技巧、解難能力、活動籌備能力和團隊合作能力，使他們成為優秀的領袖。而且課程結合理論知識和實踐經驗，讓參加者能與不同學校的學員互動，以應對未來的挑戰。此為《中學領袖訓練證書課程》的先導課程，為培訓學生成為未來的傑出領袖而設。

This brand-new leadership training programme is tailored for student leaders in secondary schools, focusing on cultivating their leadership abilities, communication skills, problem-solving skills, event planning capabilities, and teamwork skills to help them become outstanding leaders. The programme combines theoretical knowledge with practical experience, allowing participants to connect with peers from different schools and preparing them for future challenges. This programme serves as a pilot for the "Student Leaders Training Certificate Course" which aimed at equipping students to become outstanding leaders in the future.

課程特色 Course Features



匯聚相近崗位領袖 Converging Leaders of Similar Role

課程提供機會讓參加者與其他學校相近崗位的同行者進行交流、分享經驗及互相學習，建立深厚聯繫。

Student leaders will have the opportunity to engage with peers in similar roles from other schools, exchange experiences, learn from one another, and establish strong connections.



理論與實踐結合 Integration of Theory and Practice

課程將抽象的理論概念與具體的實際情境相結合，讓學生能夠將所學知識應用於實際挑戰中，幫助他們更有效地解決現實中的問題。

By combining abstract theoretical concepts with concrete practical situations, students will be enabled to apply what they have learned to real-world challenges, helping them solve issues more effectively.



證書嘉許制度 Certificate Commendation System

完成課程要求且出席率不少於75%的參加者將獲頒發證書乙張。

Participants who meet the course requirements and achieve an attendance rate of no less than 75% will receive a certificate, acknowledging their efforts and achievements.

課程結構 Course Structure

課程內容 Content	地點 Venue	課程時數 Hours
領袖理論及自我認識工作坊 Leadership Theory and Self-awareness Workshop	香港青年協會大廈 HKFYG Building	3
溝通行者工作坊 Communication Skills Workshop	香港青年協會大廈 HKFYG Building	3
公眾班 A：解難工作坊 Class A: Problem-solving Workshop	香港青年協會大廈 HKFYG Building	3
公眾班 B：宣傳及活動籌辦工作坊 Class B: Promotion and Programme Planning Workshop	香港青年協會大廈 HKFYG Building	3
日營 Day Camp	青協領袖學院 HLI	6
總結與前瞻 Evaluation and Advancement	香港青年協會大廈 HKFYG Building	3

對象及名額 Target and Quota



公眾班 A Public Class A

領袖生隊長 / 幹事
Prefect Team Leader /
Committee



公眾班 B Public Class B

學生會 / 社 / 學會幹事
Student Union / House /
Club Committee

課程詳情 Details & Application

授課語言 Medium of Instruction	廣東話 Cantonese
課程費用 Course Fee	港幣1,100元正 HKD1,100
截止報名日期 Application Deadline	13/2/2026 13 Feb 2026



早鳥優惠 (31/1/2026 前成功報名) :
港幣900元正

Early Bird Discount (Successful registration
before 31 Jan 2026): HKD900

活動時間表及報名
Programme Timetable
& Application

