



香港青年協會領袖學院
The HKFYG Leadership Institute

2025/26

中學生領袖訓練
證書課程

Student Leaders Training
Certificate Course





課程簡介 Introduction

本課程是一個專為中學校內具領袖崗位的學生領袖設計的全新領袖培訓計劃。課程旨在培養學生的領導能力、溝通技巧和團隊合作能力，使他們成為優秀的領袖。課程結合理論知識和實踐經驗，通過討論、角色扮演、小組項目研習和案例研究等方式，讓參加者能與不同學校的學員互動。課程亦培養參加者自信、責任感和解決問題的能力，以應對未來的挑戰。

This course is a brand-new leadership training programme designated for student leaders possessing leadership positions within secondary schools. The programme aims to cultivate students' leadership abilities, communication skills, and teamwork capabilities, enabling them to become outstanding leaders. This training programme combines theoretical knowledge with practical experience, providing opportunities for participants to interact with their peers through discussions, role-plays, group projects, and case studies. The goal is to foster participants' development of confidence, responsibility, and problem-solving skills to tackle future challenges.

課程特色 Course Features



匯聚相近崗位領袖 Converging Leaders of Similar Position Leaders

課程提供難得機會讓參加者可與其他學校相近崗位的同行者進行交流、分享經驗及互相學習，建立深厚聯繫。

Student leaders will have the opportunity to interact with peers from other schools in similar leadership positions share experiences, learn from others and establish strong connections.



多元培訓模式 Diversified Training Approach

課程結合講座、工作坊和日營等不同形式的學習體驗，並以混合模式進行，打造多元化學習環境。

The programme combines lectures, workshops, and day camp to create a diversified learning experience. It follows with a hybrid format, creating dynamic learning environment.



團隊建立挑戰日營 Team-building Challenge Day Camp

透過戶外訓練活動，讓參加者學習如何管理及凝聚團隊，並將訓練成果應用在領導同儕團隊的工作上。

Through outdoor training activities, participants can learn how to manage and unite teams, applying their training experiences to lead their peer groups and put leadership skills into practice.



自選領袖技巧工作坊 Self-selected Leadership Skills Workshops

工作坊將給予參加者全面的領導技巧訓練，包括團隊管理、有效溝通、創意解難、激勵士氣與衝突處理，從而提升參加者的自信心和領導能力。

The workshops offer comprehensive leadership skills training, including team management, effective communication, creative problem-solving, morale boosting, conflict management, etc., which enhance participants' confidence and leadership abilities.



證書嘉許制度 Certificate Commendation System

完成課程要求且出席率不少於75%的參加者將獲頒發證書乙張。

Participants who meet the course requirements and achieve an attendance rate of no less than 75% will be awarded a certificate, recognising their efforts and achievements.

課程結構

Course Structure

課程內容 Content	形式 Format	課程時數 Hours
基本領導理論 Introduction to Basic Leadership Theories	實體課堂 In-person	1
課程導引及團隊管理工作坊 Course Introduction and Team Management Workshop	實體課堂 In-person	4
有效溝通工作坊 Effective Communication Workshop	實體課堂 In-person	3
挑戰日營 Challenge Day Camp	青協南丫青年營 The HKFYG LYC	8
自選領袖技巧工作坊 I Self-selected Leadership Skills Workshop I	實體課堂 In-person	3
自選領袖技巧工作坊 II Self-selected Leadership Skills Workshop II	實體課堂 In-person	3
專題匯報 Final Project Presentation	實體課堂 In-person	3
總結與前瞻 Evaluation and advancement	實體課堂 In-person	1

總時數
Total Hours 26

領袖技巧工作坊

Leadership Skills Workshops

工作坊 I：團隊管理（必修）

Workshop I：Team Management (Compulsory)

工作坊 II：有效溝通（必修）

Workshop II：Effective Communication (Compulsory)

工作坊 III 及 IV：以下五選二

Workshop III & IV：Choose two out of the five options

^ 衝突管理

Conflict Management

^ 活動設計與執行

Programme Design and Execution

^ 激勵士氣

Motivating Morale

^ 創意解難

Creative Problem-solving

^ 信念引領與時間管理

Building Belief and Time Management



對象及名額 Target and Quota

2025/26 學年的學生領袖

Student Leaders for the 2025/26 academic year



公眾班 Public Class

總領袖生 / 副總領袖生

Head / Deputy Head
Prefects

共兩班，每班40人

2 Classes, 40 students per class



公眾班 Public Class

社長 / 副社長

學會會長 / 學會副會長

Captain / Deputy Captain of House or
Chairpersons / Deputy Chairpersons of Clubs

共兩班，每班40人

2 Classes, 40 students per class



公眾班 Public Class

學生會會長 / 學生會副會長

President / Deputy
President of Student Union

共一班，每班40人

1 Class, 40 students per class

課程詳情 Details & Application

授課語言

Medium of Instruction

廣東話

Cantonese

課程費用

Course Fee

港幣1,300元正

HKD1,300



早鳥優惠 (30/9/2025 前成功報名):

港幣1,050元正

Early Bird Discount

(Successful registration before 30/9/2025):

HKD1,050

活動時間表及報名 Programme Timetable & Application



截止日期

Application Deadline

8/10/2025

香港青年協會領袖學院 The HKFYG Leadership Institute

為香港未來添上一筆

香港青年協會領袖學院致力培育新一代優秀青年人才，自2000年起，學院至今已培訓逾20萬名青年領袖。學院現時坐落於別具歷史價值的前粉嶺裁判法院，保留了前殖民時期建築的優雅，並融入了現代科技，為訪客帶來互動體驗。學院建基於多年的培訓基礎並具備清晰的培訓階梯，為高小、中學、大專，以至行政領袖提供訓練課程。課程圍繞四大主題，包括**抗逆領袖**、**服務領袖**、**可持續發展領袖**，以及**溝通及協作領袖**。通過精心策劃的多元培訓，進一步裝備青年在未來承擔領導的角色，並「為香港未來添上一筆」，在香港、國家和國際層面領創新天。

Brushing Colours into Hong Kong's Future

The HKFYG Leadership Institute is dedicated to creating a new generation of leaders, with over 200,000 having been trained since 2000. Located at the revitalised historic Former Fanling Magistracy, the Institute combines the heritage of a graceful colonial building with immersive and interactive technology. It also provides training for young people from senior primary schools to tertiary institutions and for those in the workplace in four main themes, namely **Resilient Leadership**, **Service Leadership**, **Sustainable Leadership** and **Communicative and Collaborative Leadership**. Through our meticulously designed curriculum, young leaders are empowered to take up leadership roles and make wonders locally, nationally, and globally.

📍 新界粉嶺馬會道302號
302 Jockey Club Road, Fanling, N.T.

✉ SLS@leadershipinstitute.hk
🌐 leadershipinstitute.hk

☎ (852) 2169-0255
📘 The HKFYG Leadership Institute