



**Summer Programmes for
Secondary School Students**

**中學生暑期課程
2024**

未來技能 迎接挑戰

Empowering with Future Skills Getting Ready for Challenges



青年外交暑期學校
Summer School for
Young Diplomats

藉外交事務作為切入點，透過增加青年對國際認知、外交事務知識及發展機遇等方面的理解，建構香港青年多元公民身分，同時訓練參加者的思辨能力，協助他們掌握國家處理對外關係的原則、國家事務的最新形勢，以及全球化下瞬息萬變的時局分析。

Deploying foreign affairs as an entry point, the School aims to construct a diverse citizen identity for Hong Kong young people through enhancing their understanding towards global knowledge, foreign affairs and future opportunities. It also nurtures participants' critical thinking abilities which will assist them in grasping the principles of how to handle external relationships among nations, the most updated trends of national affairs and the analysis of current affairs amid globalisation.

環球青年領袖暑期學校：
AI for Sustainability
Summer School for Global
Leadership –
AI for Sustainability

暑期學校讓本地及海外青年深入交流，透過一系列工作坊、講座、參觀及專題研習，領悟自身成為未來環球領袖的角色，並認識到可持續發展與人工智能的關係，提出創新及可行的可持續發展方案。

The summer school provides an opportunity for local and overseas youth to engage in cross-cultural exchanges. Through a series of workshops, lectures, visits and thematic studies, participants will gain insights into their role as future global leaders and recognise the relationship between sustainable development and artificial intelligence. The delegates will propose innovative and feasible technological solutions to foster sustainable development.

英語主播訓練暑期學校
Summer School – Be the
Next English News Anchors

近年電視新聞主播成為香港熱門的話題之一。電視新聞主播所具備的出色溝通及傳意技巧，也是未來香港年輕領袖所需要具備的技能。有見及此，訓練營旨在為參加者提供實踐學習的機會，使他們能夠增強自信和溝通能力，同時掌握新聞主播有邏輯及口齒清晰地敘述事件的能力。

TV news anchors have recently been one of the most popular topics in Hong Kong. Handling complex communication, which is the same technique required to be equipped by Hong Kong's young leaders, is essential for being a TV news anchor.

The “Be the Next English News Anchors” Programme aims to provide participants with experimental opportunities to enhance their confidence and communication skills while grasping the techniques in news reporting and anchoring.

旗艦項目
Flagship Programme



2024《香港200》領袖計劃
“Hong Kong 200”
Leadership Project 2024

本年度《計劃》將以培育有能力慎思明辨，有熱誠積極從政商社、體制內外為社會提出良策的青年領袖為目標，讓青年探索公共及政治參與的可能性。

參加者將透過「社區體驗」及「與領袖對話」拓闊眼界，緊貼最新社會發展脈絡。同時經「skill labs」及以香港的公共政策為出發點的「專題式學習」(project-based learning) 掌握通用技能 (transferable skills)，為個人未來發展做好準備。

This year's “Hong Kong 200” Leadership Project aims to cultivate capable and discerning young leaders who are passionate and proactive in offering sound solutions for society from within and beyond the system across sectors. Participants may take their first step in exploring the possibilities of public and political engagement.

Participants will expand their horizons through “Social Experiences” and “Dialogues with Leaders”, keeping abreast of the latest societal developments. At the same time, they will master transferable skills through “skill labs” and “project-based learning” that focuses on Hong Kong's public policies, preparing themselves for future development.

抗逆領袖 Resilient Leadership



學生領袖體驗訓練課程——
W世代M思維

**Student Leadership
Taster Courses –
Wellness Generation
and Mindfulness**

透過學習全健思維及靜觀概念及技巧，讓參加者認識修習正念的四個方法，並且學習如何有效並準確表達個人感受。

Participants will learn different concepts related to the four techniques in wellness and mindfulness to build their self-awareness in their leadership performance.

學生領袖體驗訓練課程——
新派歷奇

**Student Leadership
Taster Courses –
Brand-New Adventure-Based
Training**

透過參與全新設計的團隊合作、解難及溝通挑戰項目，讓參加者掌握成功團隊概念及重點，了解自己與別人合作及解難的情況。

Through newly designed challenges of team building, problem solving and communication, participants will understand major concepts of successful teamwork and learn how to collaborate, communicate and solve problems in different circumstances.

學生領袖體驗訓練課程——
囚室解難

**Student Leadership
Taster Courses –
Team Problem-
Solving Challenge - Jail Cell**

透過進行個人解難能力測試及團隊囚室解難挑戰，讓參加者學習創意解難的理論和步驟及認識自己的解難能力。

Through taking problem-solving aptitude tests and jail cell team challenges, participants will learn key creative problem-solving concepts and build their understanding of their own capacity.

服務領袖 Service Leadership



青年立法會——
議政訓練證書課程

**Youth LegCo –
Policy Training
Certificate Programme**

透過議政訓練及模擬香港特區立法會的運作，讓參加者以多角度思考、理性探究及建設性討論的原則，以及循序漸進的演講及辯論訓練，提升他們的議政及提出建設性意見的能力。

By taking part in public policy discussion training and mock LegCo, participants will enhance their public policy discussion skills such as perspective thinking, rational evaluation, constructive discussion, idea presentation, progressive speaking and debating skills.

學生領袖體驗訓練課程——
無障礙體驗及解難

**Student Leadership
Taster Courses –
Accessibility Experience
and Problem Solving**

參加者透過體驗輪椅人士的日常生活，以STEM解決他們生活的困難。

Participants will experience the daily lives of people in wheelchairs to understand their difficulties and try to solve these difficulties through STEM.

學生領袖體驗訓練課程——
活動設計及執行者

**Student Leadership
Taster Courses –
Programme Designer
and Executive**

課程列舉不同設計及帶領活動過程所出現的問題，並就其作深入討論和解說，提升參加者實際設計活動的知識及相關領袖技巧，培養他們對帶領小組及推行大型活動的基本能力。課程亦設「自我實驗室」鼓勵參加者帶領小組，並提供即場回饋。

Through case studies, investigating possible problems in actual design and execution processes, participants will sharpen their practical knowledge and leadership skills in planning large-scale events. A “self-lab” will also be arranged to provide practicums for participants with instant performance feedback.

可持續發展領袖 Sustainable Leadership



學生領袖體驗訓練課程——
世界公民入門班

**Student Leadership
Taster Courses –
Global Citizen Rookies**

課程透過互動工作坊，為參加者裝備環球知識與價值觀，擴闊他們的國家及國際視野。

The course equips participants with global knowledge and values through interactive workshops, broadening their national and global perspectives.

學生領袖體驗訓練課程——
模擬城市的命運

**Student Leadership
Taster Courses –
The Destiny of the Sim-City**

透過了解價值觀及法則的差異，參加者將認識自己的思考模式、政策分析過程、分析層面和考慮因素及學習議事流程，從而學習建立慎思明辨的論證技巧，學習多角度思考，以自信的方法發展觀點，反思世界公民的義務及責任。

By knowing the differences between values and rules, participants can understand their thinking modes, policy analysis processes and related considerations. Familiarising oneself with meeting procedures and rules can help participants practise critical thinking and express opinions confidently from multiple perspectives.

學生領袖體驗訓練課程——
2030 SDGs Game

**Student Leadership
Taster Courses –
2030 SDGs Game**

參加者將學習「聯合國可持續發展目標」概念，並透過桌上遊戲及小組討論反思個人的價值觀，並計劃如何以行動及實踐可持續發展目標。

Participants will learn about the concept of “United Nations Sustainable Development Goals” and reflect on their personal values through tabletop games and group discussions. They will learn how to plan actions for implementing the sustainable development goals.

學生領袖體驗訓練課程——
法院解碼

**Student Leadership
Taster Courses –
Court Decode**

參加者需限定時間內於前粉嶺裁判法院內完成各項挑戰，並解開法庭內的終極密碼，讓參加者學習創意解難的理論及步驟，提升自己的解難能力，並透過和組員互相合作提升自己的領導及溝通能力。

Participants are required to complete all challenges and decrypt the ultimate code in the Old Court within the time limit. Participants will learn key theories and steps of creative problem solving and understand their capacities in problem solving. Participants can also enhance their leadership and communication skills through collaborating with their teammates.

文化保育大使計劃
**Cultural Ambassadors
Programme**

透過系統化的培訓及文化保育，鼓勵青年為社會作出貢獻，傳承香港歷史及保育傳統文化。計劃亦培養參加者對不同對象的談吐、口才及應變力，提升他們的演講和溝通技巧。

Through systematic training and cultural preservation, participants will be encouraged to promote Hong Kong history and preserve traditional culture. The programme also focuses on nurturing participants' various audience-oriented communication styles and adaptability to changes, enhancing their speaking and communication skills.

溝通及協作領袖 Communicative and Collaborative Leadership



學生領袖體驗訓練課程——
團隊溝通挑戰半日營

**Student Leadership
Taster Courses –
Team Communication
Half-Day Camp**

參與不同類型的溝通傳意團隊挑戰，加強團隊默契，提升參加者在團隊中的溝通、表達及澄清的能力。

Through different team challenges, participants can strengthen the bonds among team members and enhance their communication, expression and clarification skills.

學生領袖體驗訓練課程——
演說教室

**Student Leadership
Taster Courses –
Speaking Studio**

透過學習撰寫講稿及掌握基本演講技巧，培養參加者對公眾演說的信心及興趣。

Through learning speech writing and fundamental public speaking skills, participants will develop confidence and interests in public speaking.

系列 Series	課程名稱 Programme	課程時數 Course Duration	人數 Class Size	語言 Language	對象 Target	開班日期 Date	報名截止日期 Application Deadline	課程價錢 Fee
旗艦項目 Flagship Programme	2024《香港200》領袖計劃 “Hong Kong 200” Leadership Project 2024	40小時 40 hours	200	廣東話 Cantonese	中四至中六 S4-S6	2024年7至8月 Jul-Aug 2024	早鳥 Early Bird: 3/5/2024 常規 Regular: 17/5/2024	早鳥價 Early Bird: HK\$900 常規價錢 Regular: HK\$1,200
	青年外交暑期學校 Summer School for Young Diplomats	完整班 Full course 5日4夜 5 Days 4 Nights	60	廣東話 Cantonese	升中三至中六 Promoting to S3-S6	23/7/2024 - 27/7/2024	早鳥 Early Bird: 31/5/2024 常規 Regular: 16/6/2024	完整班 Full course 早鳥價(個人) Early Bird (Individual): HK\$5,500 *早鳥價(團體) Early Bird (Group): HK\$5,000 常規價錢 Regular: HK\$6,500
		精讀班 Intensive course 5日 5 Days	50					精讀班 Intensive course 早鳥價(個人) Early Bird (Individual): HK\$2,100 *早鳥價(團體) Early Bird (Group): HK\$1,900 常規價錢 Regular: HK\$2,500
		環球青年領袖暑期學校： AI for Sustainability Summer School for Global Leadership – AI for Sustainability	6日5夜 6 Days 5 Nights	50	英語 English	升中四至中六 Promoting to S4-S6	5/8/2024 - 10/8/2024	早鳥 Early Bird: 31/5/2024 常規 Regular: 16/6/2024
英語主播訓練暑期學校 Summer School – Be the Next English News Anchors	3日2夜 3 Days 2 Nights	60	英語 English	升中三至中六 Promoting to S3-S6	16/8/2024 - 18/8/2024	早鳥 Early Bird: 31/5/2024 常規 Regular: 16/6/2024	早鳥價(個人) Early Bird (Individual): HK\$3,200 *早鳥價(團體) Early Bird (Group): HK\$3,000 常規價錢 Regular: HK\$3,500	
抗逆領袖 Resilient Leadership	學生領袖體驗訓練課程—— W世代M思維 Student Leadership Taster Courses – Wellness Generation and Mindfulness	3小時 3 hours	30	廣東話 Cantonese	升中二至中六 Promoting to S2-S6	31/7/2024 10:00-13:00	14/7/2024	HK\$280
	學生領袖體驗訓練課程—— 新派歷奇 Student Leadership Taster Courses – Brand-New Adventure-Based Training	6小時 6 hours	48	廣東話 Cantonese	升中二至中六 Promoting to S2-S6	10/8/2024 10:00-17:00	14/7/2024	HK\$450 (HK\$500 連午餐/ include lunch)
	學生領袖體驗訓練課程—— 囚室解難 Student Leadership Taster Courses – Team Problem- Solving Challenge – Jail Cell	3小時 3 hours	48	廣東話 Cantonese	升中四至中六 Promoting to S4-S6	21/8/2024 14:30-17:30	14/7/2024	HK\$350
服務領袖 Service Leadership	青年立法會—— 議政訓練證書課程 Youth LegCo – Policy Training Certificate Programmes	15小時 (共4課) 15 hours (4 lessons in total)	30	廣東話 Cantonese	升中四至中六 Promoting to S4-S6	14/7, 21/7, 28/7, 4/8/2024 10:00-13:00	早鳥 Early Bird: 15/6/2024 常規 Regular: 30/6/2024	早鳥價(個人) Early Bird (Individual): HK\$700 *早鳥價(團體) Early Bird (Group): HK\$650 常規價錢 Regular: HK\$750
	學生領袖體驗訓練課程—— 無障礙體驗及解難 Student Leadership Taster Courses – Accessibility Experience and Problem Solving	3小時 3 hours	30	廣東話 Cantonese	升中三至中六 Promoting to S3-S6	31/7/2024 14:30-17:30	14/7/2024	HK\$600
	學生領袖體驗訓練課程—— 活動設計及執行者 Student Leadership Taster Courses – Programme Designer and Executive	3小時 3 hours	30	廣東話 Cantonese	升中四至中六 Promoting to S4-S6	14/8/2024 14:30-17:30	14/7/2024	HK\$400
可持續發展 領袖 Sustainable Leadership	學生領袖體驗訓練課程—— 世界公民入門班 Student Leadership Taster Courses – Global Citizen Rookies	6小時(共2課) 6 hours (2 lessons in total)	30	英語 廣東話 English Cantonese	升中二至中六 Promoting to S2-S6	21/7, 28/7/2024 14:30-17:30	14/7/2024	HK\$600
	學生領袖體驗訓練課程—— 模擬城市的命運 Student Leadership Taster Courses – The Destiny of the Sim-City	3小時 3 hours	30	廣東話 Cantonese	升中四至中六 Promoting to S4-S6	21/8/2024 10:00-13:00	14/7/2024	HK\$280
	學生領袖體驗訓練課程—— 2030 SDGs Game Student Leadership Taster Courses – 2030 SDGs Game	3小時 3 hours	40	廣東話 Cantonese	升中三至中六 Promoting to S3-S6	24/8/2024 10:00-13:00	14/7/2024	HK\$350
	學生領袖體驗訓練課程—— 法院解碼 Student Leadership Taster Courses – Court Decode	3小時 3 hours	40	廣東話 Cantonese	升中四至中六 Promoting to S4-S6	25/8/2024 14:30-17:30	14/7/2024	HK\$400
	文化保育大使計劃 Cultural Ambassadors Programme	30小時 30 hours	30	廣東話 Cantonese	升中四至中六 Promoting to S4-S6	2024年7至8月 Jul-Aug 2024	2024年7月 Jul 2024	早鳥價(個人) Early Bird (Individual): HK\$450 *早鳥價(團體) Early Bird (Group): HK\$400 常規價錢 Regular: HK\$500
溝通及 協作領袖 Communicative and Collabora- tive Leadership	學生領袖體驗訓練課程—— 團隊溝通挑戰半日營 Student Leadership Taster Courses – Team Communication Half-Day Camp	3小時 3 hours	40	廣東話 Cantonese	升中二至中六 Promoting to S2-S6	24/8/2024 14:30-17:30	14/7/2024	HK\$330
	學生領袖體驗訓練課程—— 演說教室 Student Leadership Taster Courses – Speaking Studio	3小時 3 hours	30	廣東話 Cantonese	升中二至中六 Promoting to S2-S6	25/8/2024 10:00-13:00	14/7/2024	HK\$280

*適用於5名或以上參加者的團體報名 for group application of 5 participants or above

為香港未來添上一筆 Brushing Colour into Hong Kong's Future

香港青年協會領袖學院致力培育新一代優秀青年人才，自2000年起，學院至今已培訓逾20萬名青年領袖。學院現時坐落於別具歷史價值的前粉嶺裁判法院，保留了前殖民時期建築的優雅，並融入了現代科技，為訪客帶來互動體驗。學院建基於多年的培訓基礎並具備清晰的培訓階梯，為高小、中學、大專，以至行政領袖提供訓練課程。課程圍繞四大主題，包括抗逆領袖、服務領袖、可持續發展領袖，以及溝通及協作領袖。通過精心策劃的多元培訓，進一步裝備青年在未來承擔領導的角色，並「為香港未來添上一筆」，在香港、國家和國際層面領創新天。

The HKFYG Leadership Institute is dedicated to creating a new generation of leaders for Hong Kong, with 200,000 having been trained since 2000. Located at the revitalised historic Former Fanling Magistracy, the Institute combines the heritage of a graceful colonial building with immersive and interactive technology. It also provides training for young people from senior primary schools to tertiary institutions to those in the workplace in four main themes, namely Resilient Leadership, Service Leadership, Sustainable Leadership and Communicative and Collaborative Leadership. Through our meticulously designed curriculum, young leaders are empowered to take up leadership roles and make wonders locally, nationally, and globally.

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Application Details

