

主辦機構 Organiser

支持機構 Supporting Organisations



未來職人 冬季學校

Winter School for Future Professionals

12-15

/ THUR — SUN /

FEB 2026

ESG探索家

ESG Explorer

醫療科技達人

MedTech Master





香港是亞洲可持續金融與企業管治的領先城市，擁有全球最大綠色債券市場之一，並積極推動ESG報告與碳中和政策。隨著氣候變化加劇，企業與個人都需重新思考如何在日常決策中兼顧環境、社會與管治責任。

ESG不只是企業的事，更是你我都能參與的行動！從選擇環保產品到參與社區活動，每一個選擇都在實踐ESG理念。透過「**ESG探索家 ESG Explorer**」，學員將認識ESG核心概念與真實案例，了解企業如何在環保與發展間取得平衡，並思考如何在校園、社區及未來職涯中實踐可持續精神！

Hong Kong is Asia's leading force in sustainable finance and corporate governance, home to one of the world's largest green bond markets and a strong advocate for ESG reporting and carbon neutrality. As climate challenges grow, both businesses and individuals must rethink how to integrate environmental, social, and governance values into everyday decisions.

ESG is not just for corporations, it is a movement we can all be part of! Whether it's choosing eco-friendly products or joining community initiatives, every action counts. Through **ESG Explorer**, participants will dive into ESG concepts and real-world cases, discover how companies balance sustainability and growth, and explore how to apply ESG values in school, community, and future career!

活動亮點 Programme Highlights

▶ **參觀香港科技大學環境及可持續發展學部（環境管理及科技）**，了解如何透過跨學科學習推動可持續發展，並探索升學與未來職業的多元可能

Visit **The Hong Kong University of Science and Technology (HKUST) Division of Environment and Sustainability (Environmental Management and Technology)**, learn how interdisciplinary studies advance sustainable development, and uncover pathways for future studies and careers

▶ **體驗ESG主題大學講課**，探索ESG的核心理念與實際應用，啟發未來學術與職業方向

Experience a **ESG-themed university lecture**, dive into ESG principles and practical applications that inspire future academic and career paths

▶ **走進基石環保**，探索覆蓋全港十八區的智能回收系統，體驗回收配套設施及系統如何重塑香港的綠色生活！參觀全球最具規模之蒸餾水製造商之一——**屈臣氏實業**，解構循環經濟（**Circular Economy**），了解企業如何落實可持續發展策略

Spend time with **Cornerstone Smart Recycling**, and see how **city wide and comprehensive smart recycling system** is reshaping green living in Hong Kong! Gain insights into **Circular Economy** at **AS Watson Industries** and learn how leading companies design and implement sustainable development strategies

▶ **參與ESG Hackathon**，透過團隊合作及創意設計創新可持續方案，破解真實環境與社會難題

Participate in a **ESG Hackathon**, design innovative sustainable solutions to address environmental and social challenges through teamwork and creativity



香港中文大學
The Chinese University of Hong Kong



Department of
Biomedical Engineering
The Chinese University of Hong Kong



香港中文大學機械及自動化工程學系
Department of Mechanical and
Automation Engineering
The Chinese University of Hong Kong



醫療科技達人

MedTech Master



香港近年積極發展醫療科技，更在《創新科技發展藍圖》中，將生命健康科技列為三大重點領域之一。隨著人口老化和公共衛生挑戰日益嚴峻，社會對醫療服務的需求不斷上升，生物醫學工程逐漸成為一個結合創新科技與健康的重要發展方向，為未來醫療模式帶來新可能。

現今醫療科技融合多項先進技術，例如人造皮膚、心臟元件、手術輔助機器人及3D數碼成像等，為醫療研發注入新動力。透過「**醫療科技達人 MedTech Master**」，學員將有機會認識醫療科技與工程的基本概念與應用，接觸最新醫療科技與真實案例，並反思科技如何影響我們的健康、生活方式及未來生涯選擇。

In recent years, Hong Kong has been actively developing medical technology. In the Innovation and Technology Development Blueprint, life and health technology has been identified as one of the three key focus areas. As the population continues to age and public health challenges intensify, the demand for medical services is steadily increasing. Biomedical engineering is emerging as a crucial field that integrates innovative technology with healthcare, offering new possibilities for the future of medical systems.

Today's medical technologies incorporate a range of advanced innovations, such as artificial skin, cardiac components, surgical-assist robots, and 3D digital imaging, injecting fresh momentum into medical research and development. Through **MedTech Master**, participants will have the opportunity to learn the fundamental concepts and applications of medical technology and engineering, explore cutting-edge innovations and real-world case studies, and reflect on how technology is shaping our health, lifestyles, and future career paths.

活動亮點 Programme Highlights



參觀中文大學生物醫學工程學系，了解生物醫學工程如何結合科技與醫療，並與教授交流，體驗大學科研氛圍

Visit **The Chinese University of Hong Kong (CUHK) Department of Biomedical Engineering (BME)** to understand how biomedical engineering integrates technology with healthcare, engage with professors, and experience the university's research environment

醫療科技大學課堂體驗，由中文大學生物醫學工程學系李中教授親授學科內容，體驗成為「未來大學生」

Experience a **university MedTech lecture** presented by Prof. LI Zhong Alan, CUHK BME, to explore further education pathways

探索由中大機械與自動化工程學系張立教授及醫學院陳啟楓教授團隊的研究——用於微創治療的醫療磁控微型機械人，並走進香港首間三維打印金屬植入物生產商——科能三維技術(醫療)有限公司，了解3D打印在醫療器材製作的應用，觀摩專業設備運作

Explore the **Medical Magnetic Microrobots for Minimally Invasive Intervention**, developed by CUHK's research team led by Professor ZHANG Li (Department of Mechanical and Automation Engineering) and Professor CHAN Kai Fung (Faculty of Medicine), and visit the **first 3D-printed metal implant manufacturer** in Hong Kong - Koln 3D Technology (Medical) Limited, understand **3D printing applications in medical device manufacturing** and observe professional equipment in operation

組隊參加**MedTech Hackathon**，針對醫療領域問題設計創新方案，體驗創科實戰

Participate in a team-based **MedTech Hackathon** to **design innovative solutions for healthcare challenges**, gaining hands-on experience in innovation and technology

主題路線 Thematic Tracks

二選一 Choose One

- 1 ESG探索家 ESG Explorer 或
- 2 醫療科技達人 MedTech Master

+

共同核心活動 Common Core Sessions

除了主題路線課程外，所有學員將參與一系列**共同核心活動**，從中建立團隊精神、探索職涯方向，並提升個人專業技能。這些活動旨在幫助學員在**多元領域中發掘潛能**，為未來升學及職涯作好準備。

In addition to track-specific learning, all participants will **join a series of common core sessions** designed to foster teamwork, career exploration, and essential professional skills. These sessions help participants **discover their strengths across disciplines** and prepare for future academic and career opportunities.

活動亮點 Session Highlights:



升學與職涯規劃工作坊
Career and university planning workshop



面試技能工作坊
Interview skills workshop



個人陳述撰寫技巧訓練
Personal statement writing skills training



模擬面試與履歷照片拍攝
Mock interviews and CV photo shooting



導師分享
Mentor sharing



授課語言 Language

英語為主，輔以廣東話
Primarily English, supplemented by Cantonese



對象 Target

正就讀中三至中六 S3 - S6 (Y9 - Y13)、對醫療科技或可持續發展等領域感興趣的學生
Students currently in S3 to S6 (Y9 to Y13) who are curious about medical technology or sustainability



課程日期 Date

12-15/02/2026
4日3夜 4-day, 3-night



地點 Location

香港青年協會領袖學院（粉嶺）
The HKFYG Leadership Institute (Fanling)



報名截止日期 Application Deadline

早鳥 Early Bird:
25/01/2026 (日Sun)

正價 Regular:
01/02/2026 (日Sun)



立即報名 Register Now

WhatsApp: 6796 7693



今年課程設有兩大主題路線，學生可二選其一：

This year's programme offers two thematic tracks, and students can choose one:

環境、社會及管治 (ESG)

ESG Explorer

認識可持續發展與社會責任的重要性

Understand the importance of sustainability and social responsibility

或
or

醫療科技 (MedTech)

MedTech Master

探索醫療創新如何改善人類健康

Explore how medical innovation improves human health

課程特色 Programme Features



大學與企業參訪
University and Company Visits



Hackathon 創科挑戰
Hackathon Innovation Challenge



未來技能提升
Future Skills Enhancement

活動日程 Programme Schedule

日期 Date	時間 Time	ESG 路線 ESG Track	醫療科技路線 MedTech Track
第一日 Day 1 12-02-2026 星期四 Thu	早上 AM	團隊建立活動 Team Building Activities	
	下午 PM	大學參訪、體驗課堂及實驗室參觀 University Visit, Taster Lecture & Lab Visits 香港科技大學環境及可持續發展學部 (環境管理及科技) HKUST Division of Environment and Sustainability (Environmental Management and Technology)	大學參訪、體驗課堂及實驗室參觀 University Visit, Taster Lecture & Lab Visits 香港中文大學生物醫學工程學系 CUHK Department of Biomedical Engineering (BME)
	傍晚 Evening	舊生分享 Alumni Sharing	
第二日 Day 2 13-02-2026 星期五 Fri	早上 AM	項目參觀 Project Visit 基石環保智能回收設施 Cornerstone Smart Recycling Devices and System	項目參觀 Project Visit 中大機械與自動化工程學系張立教授和醫學院陳啟楓教授團隊 簡介用於微創治療的醫療磁控微型機械人 Introduction to Medical Magnetic Microrobots for Minimally Invasive Intervention, Prof. ZHANG Li, CUHK MAEG Prof. CHAN Kai Fung, CUHK Medicine
	下午 PM	企業參觀 Company Visit & Hackathon 屈臣氏實業 AS Watson Industries	企業參觀 Company Visit & Hackathon 科能三維技術 (醫療) 有限公司 Koln 3D Technology (Medical) Limited
	傍晚 Evening	Hackathon 最後準備 Hackathon Final Preparation	
第三日 Day 3 14-02-2026 星期六 Sat	早上 AM	職涯工作坊 Career Workshop	
	下午 PM	面試技巧及個人陳述撰寫工作坊 Interview Skills & Personal Statement Writing	
第四日 Day 4 15-02-2026 星期日 Sun	早上 AM	模擬面試及履歷照片拍攝 Mock Interviews & CV Photo Taking	

活動內容或會有所更改 Programme details are subject to change

報名須知 Registration Information



報名資格 Eligibility

- 25/26學年中三至中六學生 S3 - S6 (Grade 9-13) students in the 2025/26 academic year
- 具基本英語溝通能力 Competent in English communication



費用 Programme Fee

早鳥優惠 Early Bird Offer

HK\$4,000 / 每人 Per person

報名截止日期 Application Deadline: 25/01/2026 (日Sun)

常規價錢 Regular Fee

HK\$4,500 / 每人 Per person

報名截止日期 Application Deadline: 01/02/2026 (日Sun)



立即報名 Register Now



WhatsApp: 6796 7693

為香港未來添上一筆 Brushing Colours into Hong Kong's Future

香港青年協會領袖學院致力培育新一代優秀青年人才，自2000年起，學院至今已培訓逾20萬名青年領袖。學院現時坐落於別具歷史價值的前粉嶺裁判法院，保留了前殖民時期建築的優雅，並融入了現代科技，為訪客帶來互動體驗。學院建基於多年的培訓基礎並具備清晰的培訓階梯，為高小、中學、大專，以至行政領袖提供訓練課程。課程圍繞四大主題，包括**抗逆領袖**、**服務領袖**、**可持續發展領袖**，以及**溝通及協作領袖**。通過精心策劃的多元培訓，進一步裝備青年在未來承擔領導的角色，並「為香港未來添上一筆」，在香港、國家和國際層面領創新天。

The HKFYG Leadership Institute is dedicated to creating a new generation of leaders, with over 200,000 having been trained since 2000. Located at the revitalised historic Former Fanling Magistracy, the Institute combines the heritage of a graceful colonial building with immersive and interactive technology. It also provides training for young people from senior primary schools to tertiary institutions and for those in the workplace in four main themes, namely **Resilient Leadership**, **Service Leadership**, **Sustainable Leadership** and **Communicative and Collaborative Leadership**. Through our meticulously designed curriculum, young leaders are empowered to take up leadership roles and make wonders locally, nationally, and globally.